

# CHAPTER 4

## Medical Healings Reported by UAP Contact Experiencers: An Analysis of the FREE Data

Joseph Burkes MD and Preston Dennett

"One of the most interesting findings that emerged from this work was the many medical healings and attempts to heal on the part of the visitors... In about one half of the cases I've been involved, there have been healings due to operations and/or treatments. Sometimes the cures are permanent. At other times the conditions recur."

Edith Fiore from her book *Encounters: A Psychologist Reveals Case Studies of Abductions by Extraterrestrials*.

"... many abductees have experienced or witnessed healing conditions ranging from minor wounds to pneumonia, childhood leukemia, and even in one case reported to me first-hand, the overcoming of muscular atrophy in a leg related to poliomyelitis."

Dr. John Mack, Professor of Psychiatry, Harvard School of Medicine

### Introduction

A medical UAP healing can be defined as a physiological improvement as the result of an encounter with non-human intelligence (NHI.) These types of cases have appeared regularly since the modern age of UAPs, and continue to be reported today. While most major researchers have uncovered cases of healings, due to their fantastic nature, such events have not received much attention.

Leading contact experience researcher Budd Hopkins says, "*The question is whether we hear about healing cases. We do sometimes, very rarely, but they do turn up.*"<sup>1</sup> David Jacobs author of *Secret Life* and other books about contact with NHI writes, "*In extremely rare cases, the aliens will undertake a cure of some ailment troubling the abductee.*"<sup>2</sup> While Hopkins and Jacobs both asserted that such account are "rare," not all researchers agree. John Mack MD, whose book, *Abduction: Human Encounters with Aliens*, was a watershed event for the UFO community writes "...many abductees have experienced or witnessed healing conditions..."<sup>3</sup> Edith Fiore Ph.D. concurs with Mack and writes, "One of the most interesting findings that emerged from this work was the many healings and attempts to heal on the part of the visitors...In about one-half of the cases I've been involved there have been healings due to operations and/or treatments."<sup>4</sup>

In 1996, researcher Preston Dennett released his book, *UFO Healings*, which presented more than 100 cases, showing beyond any reasonable doubt the veracity of healings cases. While researchers now agree that these cases exist, little is known about how common they actually are.

The data from the FREE Experiencer Research Study surveys, however, reveal some surprising answers and settles the controversy once and for all. Fully 50% of the respondents of the FREE surveys report UAP related medical healings.

The purpose of this article is to use the data from the FREE survey to shine a spotlight on CE (contact experience) healing cases, to show how these healings take place, and to answer the many questions these cases raise. Who is being healed and why? What conditions are being healed? Is there any proof?

The authors of this chapter reviewed hundreds of the reported healing cases from the FREE surveys and chose ten promising cases to study in more depth. These cases are presented below and represent only the tip of the iceberg of the actual number of healings uncovered by the FREE survey.

## **The Healing Cases**

**Case Study # 1:** “Anonymous Physician.” Hemorrhagic Shock Following Dental Surgery. (Interview by Joseph Burkes MD)

I have thoroughly vetted this witness who in fact is a practicing physician in his mid-thirties. His work involves direct patient care and he requests that no additional personal details that might identify him be included in this report. This contact experiencer stated that he was raised in a Catholic home and attended religious schools. His impression was that his parents wanted him in Catholic school, not for the religious training but more because they wanted him to have a quality education. Since his childhood he has been fascinated by science fiction and described himself as a *Star Trek* fan. As a child he enjoyed watching TV shows like NBC’s, *Unsolved Mysteries*, and Fox’s, *Sightings*, but never thought seriously about flying saucers. He stated that he is not a churchgoer and Buddhism is the faith that resonates most with his beliefs. In the past he meditated on a daily basis and more recently once per week.

Although never having a sighting of a flying saucer, approximately ten years ago he did have an episode of missing time that he acknowledges was highly bizarre. As a medical student he decided one day that he wanted to have a pet cat. He drove to the local animal pound that was over twenty miles from his home, arriving around noontime. There he encountered an unusual looking heavy-set female attendant that had a strange pear-shaped body. In addition to her body build there was something about her that seemed “off,” but he couldn’t specify what it was other than having a strange feeling in her presence. The young doctor picked out a three-year-old orange cat and was checking out of the facility when the attendant told him that they were having a “two for one sale.” She recommended that he take a look at a very special cat that was available for adoption. He informed her that he really didn’t want two cats, but she insisted on showing him the other that was all white in color.

He recalls finally consenting to see the “sale” cat and then something strange occurred. He had a break in the continuity of consciousness consistent with a missing time event. The witness suddenly found himself stuck in traffic several miles away from the pound with only the

white cat that the attendant had recommended. He can't recall leaving the clinic and doesn't understand why he didn't have his original choice of a calico cat with him. From the volume of traffic on the highway it seemed as if he was stuck in rush hour and several hours might have passed since his arrival at the animal pound. It seemed so bizarre that he had no recollection of what transpired between when he was about to be shown the second animal and finding himself stuck in traffic.

In 2013 this contact experiencer underwent a right lower wisdom tooth extraction that was complicated by excessive bleeding. He reported that the right inferior alveolar artery was cut producing profuse bleeding. He was advised that he should simply apply local pressure by clenching down with his teeth on a piece of gauze and that the bleeding would soon stop, but it did not. At home the bleeding continued. The witness described it as being "pulsatile," indicating that a jet of blood squirted into his mouth with each beat of his heart. Soon he was surrounded in his apartment by mounds of blood soaked gauze and no matter how hard he pressed down on the extraction site, the profuse bleeding continued. He realized that he was in danger. He was alone and he needed serious medical attention, but the only hospital able to handle this kind of emergency was the one where he worked. The doctor stated that he felt embarrassed to go there for treatment. In retrospect, he realized that his judgment was impaired by the loss of blood. Nevertheless, as a trained clinician he recognized the seriousness of his situation. He was becoming light-headed, cold, clammy and his reflection in the mirror was ghostly white. He knew he was going into shock. However, before he could get out of his blood-soaked apartment or call for help he passed out on his bed. It is important to note that he has no history of recurrent syncope (fainting spells).

The next thing he remembered was that he was enveloped by a beam of intense white light and was floating in a space that was not his apartment. The room was circular, about twenty feet across. There were many wires attached to the walls that were made of some kind of metal. He looked down and to his surprise the floor was transparent. He stated that he could see the Earth from vantage point of space. The globe did not fill his entire field of vision and stars were visible shining faintly in the surrounding darkness. This physician stated that his memories of what transpired are extremely vivid. What he recalled didn't feel like it was a dream. In this strange environment he caught a glimpse of a non-human being that he identified as looking like the grey alien stereotype. It was short, perhaps four feet tall, with large wrap-around dark eyes. It appeared to be wearing some kind of large garment that altered its appearance. Instead of the typically thin body build associated with this alleged alien phenotype, the grey non-human being looked somewhat stout. Several seconds after seeing this strange creature he reported that the scene vanished and he found himself back on his blood-soaked bed. The apartment was a mess, but to his surprise he felt perfectly fine. The bleeding had completely stopped and he was able to rise without the lightheadedness that he had experienced before passing out. In the mirror he could see that the pallor in his face was gone. The color of his complexion was totally normal. This young physician denied experiencing a powerful thirst that is associated with blood loss. He soon realized that he had been completely healed from this potentially dangerous condition. Following this remarkable event, his interest in the subject of flying saucers understandably increased dramatically. Given his highly responsible public position as a practicing clinician, he was and still is concerned about how being linked to this account might affect his career.

Nevertheless, despite the risks of being exposed as a contact experiencer, he wants his story to be told albeit under conditions of anonymity.

***Commentary:***

Joseph Burkes MD: Although physicians may not make the best patients, we are skilled observers that can recognize the causes and necessary treatments for our medical problems. What this physician experiencer described is a history perfectly consistent with a diagnosis of hemorrhagic shock leading to syncope (loss of consciousness). He denied a previous history of fainting or any one of a host of medical conditions that might have caused him to pass out. Conventional treatment of patients with shock from bleeding requires large amounts of intravenous fluids and if deemed necessary, blood transfusions as well. A head and neck, or an oral surgeon would very likely be called into the hospital in an effort to stop the bleeding in such a case as this. Typically, for a young adult with no other medical problems, only an overnight stay in the hospital might be required. In the elderly, for those with major medical problems or complications from the bleeding, a day of observation would be necessary. It is of interest to note that the healing did not apparently take place in his home. This serious potentially life-threatening illness would very probably require the typing and cross matching of blood for transfusion, and that his healing was associated with memories of an on-board UAP experience. The question arises how might a non-human intelligence (NHI) obtain blood for transfusion? It is reasonable that the medical treatment would require transfer to a better equipped setting, not in a terrestrial hospital, but perhaps onboard a zero-gravity facility located high above our planet's surface.

Preston Dennett: The dental healing reported by the anonymous physician provides compelling evidence of intervention by non-human intelligence. And the fact that the person healed was a doctor himself adds an additional level of credibility to this case. Dental healings are somewhat rare, and I know of only two other reported cases, one involving the healing of an impacted wisdom tooth, and the other involving new growth of teeth.<sup>5</sup> A fascinating feature of this case is how closely it resembles a near-death experience. The witness felt that he was near death when he passed out. Then he finds himself rising up out of his room on a beam of light and seeing stars and the Earth in the distance. These are all features consistent with near-death experiences (NDEs). However, the witness reports finding him inside a round metal room with wires along the walls and a grey-type NHI standing next to him, all features consistent with a typical onboard experience. Could it be that the physician experienced both an NDE and a UAP related contact experience with a NHI simultaneously? Incidentally, I have heard many cases involving both an NDE a UAP related contact with NHI.

One wonders what would have been seen by a camera filming this event. My guess is that it would have recorded the physician lying in bed and being sucked up through the ceiling in a beam of light, then later being returned.

Because of the descriptions provided, I would classify the physician's experience as an onboard experience. While he has no memory of how the healing actually took place, the fact that he woke up not only alive, but feeling good with no sign of injury shows the extraordinary power behind this phenomenon. If it had been just a dream, one would presume that upon

awakening, the tooth would still be hurting. But that's not what happened. It is also interesting that the healing came when it did, just in time to save his life, no earlier, no later. This shows that the witness was being closely monitored by non-human intelligence, which intervened apparently only when needed.

**Case Study# 2: Alina Del Castillo.** A violet-colored orb cures symptoms consistent with a diagnosis of acute bacterial cellulitis. (interview by Joseph Burkes MD)

This contact experiencer, Alina Del Castillo, is a forty-year-old married Cuban American homemaker. Alina's earliest memory of contact occurred when she was about three years old. One night she awoke to see a three foot-tall, non-human being sitting on the floor next to her crib. Years later she realized that this being was similar in appearance to the typical grey alien stereotype. She stated that she is absolutely convinced that this was no dream. Alina described the experience as follows. "...it was definitely a small child (toddler) itself like me. It had flesh-colored translucent skin that glowed and I remember being able to see the heart which also appeared to glow. It wasn't like seeing the shadow of a dark organ under the skin but rather a glowing red heart in the chest. I don't recall if I could see the beating though. I was too startled by its unusual appearance...I was completely scared by the sight of this...The little being had really large eyes and head with a very small mouth and nose...it was glowing and reflected on my wall. In hindsight, there was absolutely nothing scary about it at all...it seemed innocent and curious but because I didn't understand what it was and how it got there and the fact that I knew that it was alive...is what scared me. After that, for the rest of my life, whenever I have this recollection I think of it fondly and with pure curiosity but never fear at all."

This powerful contact experience presaged a lifelong interest in the paranormal. Alina explained its impact as follows: "The topic of aliens and UAPs held my interest for as far back as I can remember as a small child, I was always fascinated with the paranormal in general...As a child I was always an empath, had a very heightened ability to detect deceit where even adults seemed to be clueless of this...and sometimes seem to just know things and would often read my twin sister's mind...I consider myself an indigo child...My identical twin sister has none of this." Alina had her first UAP sighting in the summer of 2012. She was stuck in traffic in broad daylight with a close friend when she saw a silver flying saucer. There was not a cloud in the sky. The object's size approximated that of a dime when held at full arm's extension. It was hard for her to estimate its distance that she guessed was several hundred yards away and at an altitude of about 250 feet. Alina stated that she could not understand why people in other vehicles around her did not pay any attention to the flying saucer that she and her companion could plainly see through the windshield. She rolled down her window to get a better look. The encounter lasted approximately thirty seconds during which the object repeatedly dematerialized by collapsing "into its center."

"This craft must have done that about five times in total where it would literally appear and disappear in different and random parts of the sky that were nowhere near each other. The impression that I had was that this disc was doing a show, a spectacle for...me and my friend who is also an experiencer..." Immediately after the silver object disappeared, Alina and her friend saw a black helicopter that "appeared out of nowhere and started flying erratically..."

Although it was just a few hundred feet away at an altitude of less than 100 feet, the typical roar of a chopper was absent. There were no markings on its black surface and it had a bizarre almost “insectoid” appearance. The helicopter silently maneuvered in the same section of the sky where the metallic disc was last seen. “It... seemed obvious that this helicopter was searching for this unidentified object...” The black helicopter was present just a few hundred yards away from them for about thirty seconds. Alina and her friend looked away for a moment and suddenly the chopper was gone.

Two years later on July 13, 2014, Alina injured her left third toe while giving herself a pedicure. She accidentally cut deeply into the skin with resultant pain and bleeding. She washed the wound but did not apply any protective dressing. Later that day she took a walk wearing sandals and on the way back it started raining furiously, quickly creating muddy puddles. She ran through several stretches of the filthy water to get shelter from the downpour. At home Alina showered and later while watching TV in the living room noted that her left third toe began to throb slightly. On the living room couch she fell into a restless sleep. The throbbing increased to the point where she was fully awake. Suddenly the pain became excruciating. It hurt even more when anything touched her left foot. She did not turn on the light to examine the toe but it felt very hot. Alina became alarmed thinking that she might have to go to the ER immediately because of a serious infection. She then prayed for assistance. Alina described herself as “not a churchgoer or believer in any kind of religion since I was a child and forced to go to church schools every summer. I’ve never connected to the concept of organized religion...For me the connection is to an angelic realm or beings of light that are there to guide and protect us whatever they may be called.”

At this point she noticed a glowing violet-colored orb floating about twenty feet away. It was about the size of a grapefruit and hovered five feet above the floor. Alina stated that once she acknowledged its presence the orb silently began to float towards her. She was not alarmed. As the object approached, it left behind in its wake a sort of violet-colored energy trail that looked like a tunnel made of purple light. “The orb then just stopped right in front of my face and hovered over my right shoulder as if waiting for me to acknowledge...its presence. I then felt and saw the orb enter my shoulder and I felt the sensation of warm energy trickle down my body and reach my toe. It was the most incredible feeling of instantaneous relief and comfort from this horrible pain and just like that, it was gone. I never witnessed the orb leave but I knew that it had healed me. I was left with the feeling of peace and comfort and then I just rolled over and dozed off again...”

The next morning her left foot looked perfectly normal and felt fine. There was no redness, swelling or tenderness of the third toe. Alina described having recurrent paranormal experiences for many years, but none were as dramatic as the healing encounter of July 2014. “...This is not the first time that I have had energy enter my body when I have asked to be replenished of depleted energy... It usually can happen during traumatic or particularly emotional experiences like I’ve had with my sister or best friend etc. and in those moments, I have never actually witnessed the orb but I have felt it enter my body and restore me like an electrical current or battery recharge. The difference with this instance was that I actually saw the orb and energy as it entered my body.” I asked her how she dealt with this healing experience. “I was excited about it and basically saved it as a mental file since I pretty much don’t tell anyone

these types of experiences except for maybe my best friend who is also an experiencer... I did briefly mention it to my husband but as usual he just looked at me with a funny face like I'm an imaginative person...He never seems terribly interested in my stories so I've learned to just mostly keep it to myself." I then asked Alina del Castillo why is she now willing to come forward publicly using her real name? "I am willing to come forward with these experiences...because I feel like people are starting to open up their minds more to these types of experiences...it can help others like me who have been having inexplicable experiences."

### ***Commentary***

Joseph Burkes MD: The history above is consistent with a diagnosis of acute bacterial cellulitis of the left foot. Alina described how over a dozen or so hours she experienced increasing pain, warmth and tenderness at the site of a contaminated laceration. If at this point she had been examined by a health worker, that individual would have probably seen a red swollen third toe with the redness extending up the foot. If the presumed diagnosis of rapidly progressing acute bacterial cellulitis is accurate, then the conventional treatment would have required a several-day course of antibiotics. Nevertheless, she felt immediate relief of her pain after the orb entered her and the next morning there was no sign of infection. In this case only one body part was the focus of treatment. It is significant to note that she doesn't recall being taken aboard what is often described as an "ET spacecraft" where conceivably more complex treatments might be administered.

Preston Dennett: Alina's case is, in most respects, typical of CE healings. My research has shown that the healing of a flesh-wound is the most commonly reported type of healing. Glowing orbs are also often reported in conjunction with healings. What is unusual about Alina's healing is that she asked for a healing and received it. Among healing accounts, this is rare; most cases are on the ETs' terms and not our own. This is not unusual, though many cases do exist in which doctors and researchers are able to verify the healing.

One thing that fascinates me about Alina's healing is the nature of the healing. A cut on a toe is a rather minor injury, and even if infected can be treated effectively with antibiotics. Why did the intelligence behind the phenomenon deem Alina's injury to be worthy of being healed? A clue may lie with Alina's assertion that she has experienced similar episodes where she felt that the ET's have "restored" or "recharged" her energy. This is something I have heard before and shows that the ETs are not only healing specific injuries, but are providing something akin to health maintenance.

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**Case Study # 3: James Forsythe.** Mantis-type NHIs provide spiritual tools to allow the healing of an appendicitis and post-surgery complications following the removal of a hypopituitary brain tumor. (Interview by Preston Dennett)

Born in 1959, James Forsythe grew up in Pennsylvania. He hated school, received low grades, but earned a high school diploma and went on to become a construction worker, a janitor, a fundraiser, and a camera crewman for CBS, and ESPN and for the program, *TalkSport*. From a very early age, he experienced occasional nighttime episodes during which he would wake up

paralyzed while tall shadowy beings visited his bedside. As he got older, these figures revealed themselves to have a mantis-like appearance with long arms and legs and an insect-like face. Says James, “The Mantis were the ones that would come for me...when I was little, I just used to call them and they would come and get me...I seem to have some sort of main connection with them.”

As his experiences continued, the beings began to teach him deeply spiritual concepts pertaining to meditation, sacred geometry, breathing techniques, healing visualization exercises, chakra activations, and more. They gave him prophecies about his personal life and spiritual guidance often in the form of fortunate synchronicities which would lead him to exactly what he needed. Just being in their presence sparked a dramatic spiritual transformation within him. “When you’re with these guys,” says Forsythe, “it’s so peaceful. Everything’s so transparent; all your thoughts...there’s nothing to hide. You care for one, you care for all. If they’re caring for me, they’re caring for themselves at the same time. Everything is done on these levels. Being over there is just...I don’t feel connected here. I feel totally alien here.”

Throughout his life, Forsythe was a magnet for UAP sightings. Not only did he see them himself, many people around him also saw UAPs. “I’ve had a ton of experiences,” says Forsythe. “I’ve even had people around me, when we’d talk about UFOs, or they would question me, UFOs would show up like two blocks away, in-between houses, or flying right by the car. It got really intense at one point.”

It wasn’t until adulthood that Forsythe connected his nighttime visitations with his sightings and realized he was a contact experiencer. He had been listening Dr. Richard Boylan speak of his research on the radio and heard a witness describe the appearance of a mantis, how they moved with a darting motion, blinking in and out, and how they sat with their legs wide and their wrists together forming a triangle shape. This corresponded exactly to his own experiences. “Then I realized,” says Forsythe, “there is more going on here.”

Forsythe describes a bedroom visitation by the Mantis: “I was sitting on my bed...There was a bright light, like day, and this mantis popped out of the floor, just came right up and bounced and landed...And he’s in that positional crouch, with his knees apart and the wrists together. He does that jerky move where he turns and looks at me. And then *boom*, he’s in my face real close with his big eyes, and I’m just frozen.”

Forsythe later learned that much of the knowledge he was being taught by the mantis beings corresponded with sacred Essene rituals, Masonic ceremonies, and the ancient Aramaic language. Like many contactees, Forsythe has worked hard behind the scenes to help a large number of people. However, he has also suffered bitterly at the hands of his family who do not believe in the validity of his encounters, and actually attempted (and failed) to have him committed to a psychiatric institution. Fortunately, he continues to receive help from the mantis beings, whom he calls “his friends.” On a few occasions, this help has extended to physical healings.

At one point in his life, Forsythe contracted what appeared to be an appendicitis. Doubled over in pain, he rushed off to the hospital. Doctors said his blood count was very high and that



his appendix was going to burst. He was scheduled for an appendectomy the following morning. That night, Forsythe began a powerful meditation that the mantis beings had taught him. It involved chanting ancient Aramaic words while visualizing a divine white light in a particularly pathway through the physical body. Forsythe meditated until he fell asleep.

The next morning, upon awoken, Forsythe was pain-free. The doctors became confused and ran more blood tests. Finally, they returned exasperated and told him that his blood count was now normal. Forsythe explained that he had healed himself through meditation. The doctor became angry and told him that an appendicitis cannot be spontaneously healed overnight. Despite this, he discharged Forsythe from the hospital.

Unfortunately, Forsythe's health problems had only just begun. In 2003 (at age 44) he began to experience powerful headaches, blurry vision and a strange tugging sensation on his right eye. His co-worker had also noticed that Forsythe was becoming forgetful and confused about dates and events. He told Forsythe that his symptoms were consistent with a brain tumor, and that he should to go to the hospital immediately. His friend first took him out to dinner to what he assumed would be Forsythe's last meal, and they went to the hospital.

The results were devastating. Forsythe was diagnosed with a golf-ball sized tumor below his pituitary gland with ganglia wrapped around the pituitary and hypothalamus. Says Forsythe, "That's a death sentence."

Untreated, the doctors told him, Forsythe would lapse into a coma and die. Surgery was possible, but not considered survivable. The golf-ball-sized tumor was located at the base of Forsythe's brain. To reach it, they would have to open his skull, bisect his brain into two separate halves, and extricate the tumor through his eye socket. The doctors told him that there was almost no chance of surviving the operation, and that even if he did, he would likely be blind, paralyzed, unable to speak and worse. "They had to cut my brain in half," Forsythe explains. "They told me, you're not going to survive this...Usually when you cut the corpus collosum, it's instant death. So that alone, and then resecting the brain and then severing all that."

As Forsythe's condition deteriorated, he had no choice but to proceed with the operation. Four brain surgeons worked more than twelve hours to remove the tumorous material from Forsythe's brain. His skull was stitched together with the addition of a titanium plate in his right forehead.

To the disbelief of the surgeons, Forsythe didn't die. He remained stable throughout the surgery. Afterwards, he slowly began to recover. The doctors were utterly baffled. As they began to review the list of Forsythe's health problems, they couldn't understand how he was surviving. From their perspective, it was medically impossible.

How did he survive? Forsythe credits his alien friends. "All through this," he explains, "from me being hospitalized all the way up to the operation, I'm doing my work. I'm doing the work these beings taught me to do with bringing divine light through my crown, using some ancient Aramaic words I would use to activate each chakra, then form a cross from the head and

the shoulder to shoulder, and then bring the light down through and up around my body surrounding my body with this torus donut, and then radiating out.”

Whatever mediation Forsythe used, it seemed to work. He survived. Says Forsythe, “The doctors have told me that they can’t explain how my organs are working. They can’t explain how I’m living, [and] that I’m living by will alone. They can’t explain how I’m speaking to them coherently... They told me they have my case listed as miraculous and unexplainable.”

The physical complications as a result of surgery were long and severe. Forsythe was diagnosed with pan-hypopituitarism, cardiopulmonary disease, vascular disease, peripheral arterial and venous disease, phlebitis, blood clots, a pulmonary embolism, hypothyroidism, anhidrosis (the inability to perspire), Parkinsonism, dysautonomia (a nervous system disorder,) leg necrosis and stenosis, edema, deep vein thrombosis, insipidus diabetes and type-two diabetes. He was 95-percent blind, able to see only out of a small slit through his left eye. The list of complications continued, including emphysema, bronchitis and asthma, left shoulder bursitis, osteoarthritis and severe fibromyalgia, a compromised immune system, liver damage, gastrointestinal problems, chronic renal inefficiency, a hernia and more, not to mention the brain trauma from the surgery itself.

None of the doctors and specialists expected Forsythe to survive, much less walk or speak. Yet Forsythe not only recovered his ability to speak, he was able to leave his wheelchair and walk with first two canes, and then just one. Like many people who receive medical intervention from non-human intelligence, Forsythe didn’t tell his doctors about his unusual experiences.

His emphysema and bronchitis eventually went away, along with most of his asthma issues. Next to go was his type two diabetes. During his very long recovery, Forsythe took an IQ test to measure his mental capacities. Forsythe (who had only a high school education and previously did poorly on tests) received an IQ rating of 134.

Today Forsythe continues to recover from his operation and deal with difficult personal family issues. Through it all, he has drawn on the spiritual tools taught to him by his ET friends. Despite his struggles, he has no regrets and commits himself to spiritual growth and working with a lifelong passion: helping to save the planet from environmental destruction.

### ***Commentary***

Joseph Burkes MD: This case demonstrates some of the challenges in evaluating claims of UAP healings when there are no medical records available for review. Mr. Forsythe reported being admitted to hospital for possible appendicitis. The aim of surgery for this condition is to remove the infected organ before it bursts resulting in peritonitis, a potentially life threatening abdominal infection. There are many illnesses however that can present with abdominal pain that mimic the clinical picture of acute appendicitis. Patients are routinely observed in the hospital where they can be examined frequently and have tests searching for other possible causes of their symptoms. It is not uncommon for patients to be admitted with severe pain and then be discharged the following day when it is determined that they have other illnesses, such as gall bladder disease,

urinary tract infection or kidney stones. Without medical records being available for review, we don't know if Jim's pain was shown to be caused by a diagnosis other than appendicitis which he believes he was able to cure using the spiritual knowledge that his mantis ET friends reportedly taught him.

The same limitations for a medical discussion without records apply even more so to Jim's complex clinical history relating to the surgical excision of a brain tumor. First of all, there is no medical term "hypopituitary brain tumor." The pituitary gland is involved in the production of several essential hormones that regulate many organ systems including kidney function, bone growth and sexual development and behaviors. If a tumor destroys enough of the pituitary gland a patient can lose several of these important hormonal actions and thus receive the diagnosis of "pan-hypopituitarism" which according to the history was included in his list of post-operative complications. In addition, without the chart it is difficult to understand what information the patient received from the surgeons about his condition. Jim Forsythe's statement that "Usually when you cut the corpus collosum, it's instant death..." is generally not true. In other clinical settings, such as a treatment for severe uncontrolled epilepsy, the cutting of the corpus collosum has been an accepted medical procedure and doesn't result in "instant death."

As much as having medical records can be helpful for the purpose of commenting on these histories, records have certain important limitations, especially in highly controversial cases pertaining to alleged UAP healings. It should be pointed out that what is called "high strangeness" is not a topic that the medical establishment is prepared to address in any form whatsoever. Thus, when the medical staff express their astonishment and confusion to patients about the amazing outcomes associated with these cases, in my judgment they would not dare to put such observations into a patient's chart notes. Such expressions of surprise therefore can only be documented by the statements from contact experiencers themselves.

Preston Dennett: Forsythe's case is atypical of UAP healings in that, while he credits the beings for his ability to heal himself, the ETs didn't actually perform the healing. This is a very common subcategory. Many experiencers report that their interactions with non-human intelligence have left them with the ability to not only heal themselves, but others. Forsythe's case illustrates a common enigma: why didn't the ETs intervene directly and perform the operation themselves? Many people who have received CE healings are healed of one injury or illness, while others are ignored. Forsythe has no answer to this question.

Because Forsythe has been given the ability to heal himself by the ETs, he reports multiple healings. In his subcategory, this is not unusual. Interestingly, even among people who credit direct firsthand healing events, multiple healings are not unusual. The strength of Forsythe's case is that it provides startling evidence that non-human intelligence has intervened. Forsythe's medical history shows that his survival is considered miraculous. His doctors have no answers to explain Forsythe's survival. Forsythe, however, can answer this question easily. I was honored to interview him and feel that his case represents an important contribution to our understanding of these types of cases.

**Case Study # 4:** “Ek Mau” (pseudonym). A Mantis Being Heals a Dislocated Hip. Witness also reports other possible healings. (Interview by Preston Dennett)

“Ek Mau” or *Black Cat*, is the pseudonym this witness (an artist and graphic designer from England) has chosen. She was born in 1976 in Ontario, Canada, though she soon moved to England. In 1995, at age nineteen, Ek Mau had what she calls her “first conscious experience with extraterrestrials.”

Says Ek Mau, “I was walking in the back garden to get some fresh air before I went to bed.” Shortly after she stepped outside, she blacked out, and then suddenly became conscious. “I found myself standing in a different part of the garden with my head hanging down, face down, with my eyes closed. I opened my eyes and I started to lift my head. And I could feel this spacecraft above me.”

Before she could look up, six bright lights appeared before her only a few feet away. At the time, she had no idea what the lights could possibly be. “So, I looked at the lights,” says Ek Mau, “and they were hypnotizing me with this energy that was opening my heart.”

Not realizing if she was seeing six beings, six ships or what, Ek Mau spoke to them. “Where are you from?” she asked.

The answer was telepathic and instantaneous. “We are from the Pleiades,” they chorused.

“I didn’t even know what the Pleiades was at that point,” says Ek Mau, “but it resonated with me. They beamed this love energy at me. After a while of staring at these lights, they lifted off of the ground, and they went up into the sky and they were getting smaller and smaller.”

Ek Mau waved. “Come back! Come back!” she cried. “Where are you going?”

“We have to go back,” they said. “But now we know who you are. We will always be in contact with you.”

The lights moved upwards until they merged into one light, became a tiny little dot in the sky and disappeared. Says Ek Mau, “I had this overwhelming feeling they were family, a very overwhelming feeling--like they were more family than my ordinary family.”

Completely amazed, she skipped joyfully back into the house to take a bath and think about what had just happened. In the bathroom, she suddenly heard a strange vibration in her head, as though a radio station was tuning. “I heard the voices very clearly,” says Ek Mau, “very crystalline voices. They were all saying the same thing at the same time.”

“Hello! Hello!” the voices said. “You in the garden can hear us?”

Ek Mau was amazed. “Yes!” she said. “I can hear you.”

“We have a special message for you about life on Earth. Would you like to hear it?”

“Yes,” she said. “I’m ready.”

“Your queen is dead,” they said. “What we need to tell you is that she was never alive in the first place, not in the way you think of the word *alive*.”

Ek Mau was confused and a bit disappointed. *This* was the special message? It was not what she was expecting and seemed a bit anti-climactic. The beings continued. “You are our special star sister sent to Earth on a special mission. And she too is a star sister sent on a special mission.”

“And that’s how the message ended,” says Ek Mau. She had no idea exactly what they meant, nor did they tell her what her mission was. However, it wasn’t long before more strange experiences occurred.

Two years later, in 1997, while in college, she was cuddling with her boyfriend. She put her feet on his lap and he began to massage her foot. Suddenly, he noticed a small lump. He picked gently at it and suddenly out popped an object the size of an almond. “Look what I’ve just pulled out of your foot,” he said, handing her the mysterious object.

“It was an almond-shaped rock with loads and loads of crystals in it, very tiny crystals,” Ek Mau said. They were both stunned. Neither of them had the faintest idea what it was, or how it had gotten into her foot. Ek Mau examined her foot and saw a gaping hole where the object had been. “This hole in my foot was a big gouge, where it was. It was quite big. And it just healed before my eyes.”

The spontaneous healing stunned her and she had a stunning revelation, that the healing had been possible because her body was actually composed of light. She meant to save the object, but for some reason, dropped it in the ashtray, never to be seen again.

One year later, in 1998, she had the most stunning sighting of her life. Outside her home she observed an enormous, black, pyramid-shaped craft flying directly overhead. It emitted a loud rumbling noise. It appeared to be only a few hundred feet up and was accompanied by other smaller, silver-colored craft. Ek Mau saw the craft and felt her head ache at the sight of it. “My brain capacity just expanded about ten thousand percent,” she says. “And I thought, how am I going to cope with this? I’m never going to be able to get back into normal society if I don’t have someone to look at this with me.”

She called out her boyfriend, and he viewed the craft as it moved overhead and off into the distance. Amazed, Ek Mau told everyone about the craft, even calling the police to report it. To her shock, the police didn’t believe her and accused her of being crazy. Events quickly escalated, and Ek Mau found herself being carted off to a psychiatric hospital where she was forcefully given anti-psychotic medication. Thankfully she was released, but her reputation was damaged, and her troubles with authorities became an ongoing battle in her life.

Despite this, her encounters not only continued, but escalated. In 2001, she had a face-to-face, fully conscious encounter with a tall-white ET and a dozen smaller ones, which appeared to be babies. Further strange experiences followed. In 2004, she was working on a horse-farm in Cornwall when she had another amazing sighting. Fortunately, three other people with her also witnessed the encounter.

She experienced a lull in her encounters, but in 2008, following the birth of her daughter, the experiences came back with a vengeance, and now involved bedroom visitations and onboard experiences. Some of these experiences were, as Ek Mau says, “quite strange.” For example, on several occasions, Ek Mau and her daughter were taken onboard separate craft and Ek Mau’s daughter was trained in how to telepathically contact her mother through the dream state. During this time, it was not unusual for Ek Mau to wake up to find shadowy figures in her bedroom.

The experiences continued, but 2012 proved to be a huge year. Ek Mau estimates she had about sixty encounters in that year alone. The ETs came regularly into her bedroom and began to do things that baffled her. She was pulled from her physical body and made to have an out-of-body experience. They even took her astral body and separated it into the causal body and other bodies. Says Ek Mau, “There were all these nighttime occurrences, and I had more and more healings from beings coming into my room. And they were taking me apart...they would do things to my physical body, do things to my DNA, and heal [using] tools with little lights on individual parts of my body. They went into great lengths to get into the sinews, but also into the spiritual parts of my existence. And it became a regular thing.”

When she woke up, she’d often find strange marks on her body. One pattern she noticed: whenever she saw a triangle mark with three little red dots, the beings would come that night.

“My bed became this operation zone,” says Ek Mau, “where the beings would come to my bedside, pull my head apart, pull me out of my body and then I could literally watch from outside of my body, seeing them doing things.”

Ek Mau felt no fear during her experiences, and is convinced the beings are benevolent. During one incident, she woke up, turned and saw a tall “insectoid” being carrying a strange piece of equipment. “I saw this huge mantoid-insect guy. And he had a screen in front of him, like an X-ray screen, with three folds or angles to it. And he looked at me and he said, ‘Oh, hello.’ He had very twinkly eyes.”

“Where are you from?” Ek Mau asked. “I’ve always wanted to know.”

“We’re from the outer edges of the Milky Way,” the being said. “We are actually part of the Milky Way, but we like to think of ourselves as separate.”

Ek Mau looked at the strange screen-like object that the Mantis held. “This is just so I can see into you,” he explained.

Ek Mau was enchanted. “He was a lovely being...a very spiritual guy. And he was doing this thing to my hip...like a screw and a bolt...he was doing something to it...he used his equipment, and he did something to my hip...He told me to look away.”

“You don’t have to look now,” the being told her. The next thing Ek Mau knew, she had fallen asleep and morning had arrived. “I felt utter relief,” says Ek Mau, “gratitude that these beings would come to see me. I was always grateful when they showed up.”

Ek Mau had reason to be grateful. After this experience, she recalled something very strange that had happened to her when she was five years old, when she had experienced a miraculous healing of a congenital problem involving a dislocated hip. She remembered it from her early childhood as it caused her great difficulties. “I used to drag my leg. I had to go upstairs sideways and pull my leg up with me, because my hip was born out of its socket.”

When she was five years old, Ek Mau’s parents took her to a specialist who recommended that Ek Mau try ballet. Unfortunately, her parents were too poor to afford lessons. That’s when something strange happened. “It got better,” says Ek Mau. “They took me back to the specialist and he said he’d never seen anything like it. So, there I was with this miraculously healed leg at five years old. It only gave me problems when I walked long distance.”

She now wonders if the ETs were responsible for healing her hip at age five. Today, Ek Mau’s hip is fine. “I’ve never had any problems with it,” she says. “So, I really feel very grateful to these beings. But I’ve never been given any reason why all these operations have happened...I’ve had so many parts of me removed and put back in with new things, I just can’t keep up with it all, the amount of operations that I’ve been through. From a healing perspective, the beings who have worked on me have always been ever so gentle, with the softest touch and care, and the best communication from them about how and why.”

Ek Mau says that her experiences have made her a deeply spiritual person and she looks forward to her continuing encounters with non-human intelligence. She has been taught many things by the ETs. She continues to produce incredible artwork showing profoundly beautiful and colorful designs reflecting sacred geometry. She reports the ability to heal others and worked for some time providing healings. Her experiences could fill a book. While her struggles haven’t always been easy, she feels eternal gratitude towards the beings which continue to visit her even today. “I’m still processing all of the things that I’ve been through...I owe them my life...these beings have saved my life...The humans I’ve had to deal with in my life have been much more difficult than the extraterrestrials.”

### ***Commentary***

Joseph Burkes MD: Ek Mau’s medical history is consistent with a diagnosis of developmental dysplasia of the hip. It is also called congenital dislocation of the hip. This condition involves problems with the way babies’ hip joints form and it presents as an unstable joint from birth or later in childhood and sometimes even during adolescence. It occurs in about one birth out of sixty, but the overwhelming majority of patients overcome this condition, sometimes with the use of a harness, during the first few months of life. Dysplasia of the hip affects girls more often

than boys. The symptoms include recurrent dislocations of the hip that can be complete, or partial dislocations called subluxations. The primary symptoms are pain and limping. Treatment can involve the use of splints and if this is unsuccessful then casting is employed for a few months. If these measures don't work then surgery is an option.<sup>6</sup>

Ek Mau reports having frequent encounters with non-human beings some of which are clearly psychic involving what she describes as out of body experiences. She claimed that she had repeated operations, "My bed became an operation zone," but the narrative doesn't identify what were the medical conditions that all these alleged procedures were for. In my judgment, it is quite probable that these encounters were mostly at the level of consciousness, occurring in a kind of theater of the mind setting. The reported presence of marks on her body clearly indicates that there was a physical component to her repeated encounters as well.

At age five Ek Mau reported seeing a specialist twice. She was quite symptomatic at that time, "I used to drag my leg. I had to go upstairs sideways and pull my leg up with me..." There is no mention in the history of her specialist recommending casting or discussing the possibility of surgery, but that discussion likely happened because without such treatments children with her level of symptoms don't usually improve on their own to the point of cure. Thus, when she returned for the second visit a clinician would understandably remark as described in her history that, "he'd never seen anything like it." Medical histories provided by patients, when it comes to relating statements by physicians, can contain inaccuracies. This is especially so after the passage of several decades of time as in this case. It is unlikely in my opinion that the specialist, presumably an orthopedic surgeon, would initially recommend ballet as was reported by this contact experiencer. This is because ballet puts considerable stress on the hip joint and without definitive treatment such intense exercise could be expected to make her hip dislocation worse. As far as her visit with "mantoid-insect guy" that reportedly "...was doing this thing to my hip...like a screw and a bolt...", in my opinion this was possibly a symbolic re-enactment of a procedure done several decades prior when she was five years old and quite symptomatic.

Preston Dennett: The case of "Ek Mau" shows some of the many difficulties in investigating the subject of medical healings. While she can provide outside sources to verify her childhood hip problem, and its subsequent disappearance, she cannot prove that it was done by ETs. Years have passed before she even knew the healing may have been ET-induced. And although she currently wakes up with marks on her body, and feels that her health has been improved by ETs in multiple areas, she, like many people who have experienced CE healings, cannot provide incontrovertible evidence. Instead her evidence is largely anecdotal. While eyewitness testimony is undeniably powerful evidence, in cases like these it falls short of proof.

Ek Mau, like other experiencers, reports a very strong spiritual transformation as a result of her experiences. Her description of the mantis-type being healing her hip is similar to those of other witnesses. Others also report being taken out of their body and watching from the side while ETs use strange instruments (usually involving lights) to cure the medical problem. Her positive attitude towards the ETs lies on the far end of the bell-curve, believing that the ETs are her true family. While this attitude is not uncommon among experiencers, it seems to be especially prevalent among those who have received healings.



Ek Mau's case reveals further commonalities. Many experiencers come away from their encounters feeling they have increased psychic awareness and particularly, the ability to heal others. This leads to a second commonality: the profession of the contactee. Many people who have experienced a healing seem to be involved in professions involving some sort of service to humanity. Ek Mau's healing abilities is one example, as is her work as an artist. As such, Ek Mau's case provides another example showing that ETs are attempting to raise the spiritual awareness of humanity.

**Case Study# 5:** Alberto Fernandez Part 1, Healing of Traumatic Avulsion of Right Eye  
(Interview by Joseph Burkes MD)

Mr. Alberto Fernandez is a retired Federal Drug Enforcement Administration (DEA) agent and his wife, Rebeca Fernandez, is a Ph.D. psychologist. Both have a history of seeing UAPs up close and close contact experiences with non human intelligence. Alberto was born in 1945 in Santiago, Cuba. Orphaned soon after birth, he was raised by his maternal grand-aunt. They lived in the Sierra Maestra Mountains of eastern Cuba. There he had what he described as his first paranormal experience. It reportedly happened when he was about three years old. He recalled seeing a man sitting on his bed wearing a white robe. This stranger was filled with light. The being watched as Alberto played and tenderly patted him on the head. Years later after seeing a painting of Jesus, he thought that this was the man that had seen sitting on his bed. Alberto wrote, "*I felt a deep connection with him.*"

Strange encounters continued during his childhood. Mr. Fernandez described another experience as follows. "One evening, when I was six years old, I was in my bedroom by myself when suddenly the lights went off. It was pitch black. Suddenly, a bright light appeared in front of me out of nowhere. This light had an ignited heart within it. The light was hovering approximately a foot from my chest. This ignited red heart slowly got closer and closer to my chest, when [it] entered my chest I started to convulse. Sometime later, I saw a drawing of Jesus depicting the ignition inside of the sacred heart of Jesus Christ. This intense image gave me a 'déjà vu' of the experience I had as a child. I have not witnessed anything like that again in my life."

At age fourteen he had a near-death experience while swimming alone at a Havana Beach. He was caught in a strong rip current and could not make it back to shore. He became totally exhausted. "I just gave up. I was drowning, I would see myself going down under the water. Flashes of my entire life went through my mind, thoughts of my deceased mother Lydia and of God. I knew this was the end of my life. I remember I said, 'Mother! God! Help me!' Suddenly, almost in a flash, I felt a tremendous force, like an immense energy, that pulled me out of the depths and gently placed me on the concrete sidewalk across the street from the pier. I did not have a scratch nor did I even cough up any water! I was in such a state of shock. I was soaking wet with water. I stood up immediately and walked home. I did not tell anyone about this incident."

In 1961 at age sixteen, Fernandez left Communist Cuba for the USA as a part of *Operation Peter Pan* in which thousands of children were flown to the States without their

families.<sup>7</sup> At that time many Cubans were frightened by rumors that the Castro regime might take custody of their children and send them to the former Soviet Union. At age eighteen, Mr. Fernandez joined the U.S. Army in a program to train young Cuban men to combat the Castro dictatorship. The operation however was discontinued following the President Kennedy assassination. Several years after completing his military service Fernandez joined the Metro-Dade Police Department.

His first UAP sighting was in 1973. One night at 11:30 p.m., Officer Fernandez had just come off a shift and was standing in front of his home. Suddenly a bright beam of light flashed down from the sky. He looked up and at first, he thought he was seeing a helicopter, but it didn't have the typical roar of a chopper. The object hovered directly above his house, clearing the roof by only five feet. It was forty feet wide, shaped like a hamburger and had a bright blue light that rotated counter clockwise. A yellow light shined through the windows. Alberto Fernandez stated, "This phenomenon tampered with my brain. I wasn't the same individual after this encounter."

A few days later Mr. Fernandez experienced a frightful encounter in which he felt the presence of a non-human intelligence in his bedroom. He then became completely paralyzed. For the next 10 years he was plagued by recurrent terrifying contact experiences that occurred two to three times per month. "I would wake up in the middle of the night sensing the presence of an entity in my bedroom. This energy would start paralyzing me from my feet to my head. This unknown energy possessed my body and my mind. I had no control over it. I was in terror every night because I couldn't scream...." It is difficult for Alberto to estimate how long these agonizing experiences typically lasted. His guess was that they went on for less than one minute, but he is not certain. Each time as they ended he described feeling totally drained as if he had engaged in prolonged sexual activity. And then he would lose consciousness and awake the next morning feeling exhausted.

After working five years for the Metro-Dade Police Department in 1975 Officer Fernandez changed jobs and joined the Drug Enforcement Administration. He was trained to be a Special Agent and worked first in Miami and then in Puerto Rico. In 1984 he was given diplomatic status as a DEA officer attached to the U.S. Embassy in the Dominican Republic. Injured on the job he returned to Miami and was given temporary housing in the penthouse of Hotel Sofitel. There he had a Close Encounter of the Third Kind in which he was given an explanation as to why he had been subjected to 10 years of recurrent visitations.

"One evening (approximately 11:00 p.m.) the fire alarm of the hotel went off. At first, many hotel guests came out of their rooms. The management explained it was a false alarm, when we returned to our room my beeper started to shake and randomly vibrate; the electricity flickered on and off and the super thick, glass windows started to shake intensely as if they were made out of plastic. This all happened while I was laying on the bed wide awake with my wife (my one-year-old infant daughter slept quietly in the crib while all this was happening.) Suddenly, an unknown creature appeared floating in front of my bed. (My wife was apparently hypnotized and fell asleep suddenly without witnessing my encounter. I saw a solid, three-dimensional, grey, dolphin-skinned creature approximately three feet tall with a big head, no hair, huge black eyes, (no pupils no sclera), black tiny nose and mouth, no ears, a long neck, long skinny arms to her side, long hands and fingers and nails, her facial expression was flat, no

emotions. I was not scared but calm. This unknown creature talked to me telepathically telling me it was a female. She proceeded to explain that they have been collecting semen from me for years in order to help them in the procreation of their dying race and that my helping mission was completed with them. (In fact, she kept her promise and I was never bothered again.)”

Mr. Fernandez stated that prior to this dramatic event he had little interest in the subject of extraterrestrials. He considered his one flying saucer sighting and the earlier bizarre encounters as simply “paranormal” events of his youth. After his encounter with the female alien being however, he became very interested in the subject of flying saucers. He joined in the activities of the Peruvian contact network known now as Rahma. He became friends with Sixto Paz Wells, one of the founders of that group. On three occasions, he travelled to the Peruvian desert to participate in fieldwork with Rahma. In one incident at a remote location called Chilca, he, his wife, and the other witnesses in Chilca saw up close UAP crafts and Alberto reportedly entered a dimensional portal that the Peruvians call a “Xendra.” After retiring from the DEA, he has publicly spoken about his contact experiences.

In 2001 he experienced a serious traumatic injury and reportedly had a subsequent healing encounter. A heavy-set elderly woman fainted while standing next to him. He caught her in his arms but was unable to sustain their combined weight. Together they fell. While still holding on to her he smashed the right side of his face against the edge of a chair. His right eye was severely damaged. Prior to this injury his visual acuity was reportedly “20/20” following prior corrective Lasik surgery. In the ER, X-rays showed multiple fractures to the right eye orbit (*socket*) and right maxilla (*cheek bone*). The soft tissue swelling around the right eye was so great that the eyelids could not be opened to allow for an eye exam. He was advised to see an ophthalmologist as soon as possible. This was not done.

According to Alberto and his wife, an expensive multi-week ocean cruise had been purchased for them and several other members of his family. They were scheduled to leave the day after his injury. Mrs. Fernandez advised her husband that they should stay in Miami so that he could get continued treatment for his injuries. He stubbornly insisted however that they go on the cruise. Three days into the voyage, the ship’s doctor examined him. Mrs. Fernandez stated that the injuries were deemed so severe that this physician wanted to order an emergency helicopter evacuation to the mainland. Her husband refused to have this done. Once the swelling was reduced and he could open his right eye, the vision in this eye was extremely impaired. He could not read and only recognized the blurred shapes of objects.

Three weeks after the injury he was finally seen by Dr. Kurstein, a Miami ophthalmologist eye doctor. Alberto stated that he was told that the cornea had been torn off the surface of his right eye and that it was “very dry.” Mrs. Fernandez stated that the cornea looked like a piece of dry cardboard. (*The cornea is a tough transparent protective membrane on the surface of the eye that requires moisture in order to function properly. The absence of sufficient moisture for several weeks would definitely impede the healing process.*) The eye doctor reportedly used tweezers to drag the torn cornea onto the surface of his right eye. He advised Mr. Fernandez and his wife that the patient would likely have some permanent loss of vision in that eye. It was probable that he would develop glaucoma as well. Close medical follow-up with the

doctor was advised. This did not occur. Instead five or six nights later Mr. Fernandez had another contact encounter.

He awoke in bed and sensed an alien presence. During many previous visitations he experienced extreme panic attacks when he was rendered paralyzed by a non-human intelligence. In contrast, this time he was extremely calm and cooperative. He voluntarily kept his left eye closed. A very bright green light shined into his right eye that Fernandez believes was a laser surgical instrument. With machine like precision the brilliant light flashed striking his injured cornea. There was no pain associated with the procedure. The bursts of green light were rapid, several per second, and in retrospect he realized that they were suturing the torn cornea to his injured right eye. The Fernandezes stated that the next morning to their amazement he was able to see perfectly with his right eye. He never followed up with Dr. Kurstein, but several months later visited an associate physician, Dr. Companioni, examined Mr. Fernandez. According to him, this physician was shocked to find that Alberto's eye was perfectly normal. Mr. Fernandez and his wife stated that he never developed glaucoma.

**Case Study 6:** Alberto Fernandez Part 2, Healing of Large Right Lung Mass deemed likely to be malignant (Interview by Joseph Burkes MD)

According to the Fernandezes, in 2005 another high strangeness event occurred when he visited a prominent Miami physician, Dr. Ralph G. Nader. Mr. Fernandez has a past history of prostate cancer and a routine follow-up chest X-ray was done at this appointment. After looking at the films his doctor notified Mr. Fernandez that he had some very bad news. The X-ray showed a baseball-sized mass in his right lung that was very likely cancer. According to Mr. Fernandez his physician insisted that he be immediately admitted to Mount Sinai Medical Center for evaluation and treatment. He was told not to go home and that his wife should meet him at a lung specialist's office that Dr. Nader was referring Alberto to. The pulmonologist ordered another chest X-ray.

Mrs. Fernandez accompanied her husband into the X-ray department. There a curtain separated her from him as she waited a short distance away for the technician to do the repeat study. Alberto stated that suddenly his entire body started vibrating. He said that he was shaking as if he had severe chills. There was no loss of consciousness. He denied being in pain. According to his wife he started shouting to her repeatedly in Spanish "Ellos están aquí!" "They are here! They are here!" and then, "They cured me!" Mrs. Fernandez stated that as she rushed towards her husband she noticed that the curtain was moving in a most bizarre manner. A rhythmic, orderly, perfect sine-wave pattern moved across its surface as if her husband located behind the curtain had been enveloped in some kind of energy field. The patient stated that although he remembered his violent shaking, he did not recall crying out to his wife. Mrs. Fernandez reported that she observed the shaking of his body. The entire episode lasted less than a minute. The test was then done and they brought the X-rays to the pulmonologist for review. When the specialist looked at the films he became angry saying that the X-rays were "perfectly normal" and that he could not understand why the patient had been sent to his office to "waste his time." Dr. Nader was reportedly shocked when he found out that the repeat chest X-ray showed no evidence of the right lung mass.

Commentary:

Joseph Burkes MD: The question arises is there a connection between where a healing takes place and the type of illness that is addressed by non-human intelligences. In Mr. Fernandez' traumatic eye injury, only one body part was treated and the healing reportedly took place in his bedroom. It is important to note that the doctor told him some permanent impairment of his vision was likely. Nevertheless, the next morning his vision was reportedly perfectly normal. In addition, he never developed post traumatic glaucoma that is often seen in such cases. Obviously, the current level of medical science has no explanation for how these amazing cures are accomplished so quickly. Under ordinary circumstances a minimum of several weeks should be required for healing. Yet the Fernandezes reported that he was fully recovered the morning after his encounter with a green laser.

The lung mass seen in the X-ray ordered by Dr. Nader was described as being approximately the size of baseball (about 3 inches in diameter). Lung nodules are abnormalities in chest films of three centimeters in size (about 1.2 inches) or less and are far less likely to be malignant than lung masses which are defined as being larger than three centimeters across. In general, the larger the abnormality is, the more likely it will be malignant. Although bacterial and fungal infections can cause lung masses, patients with these illnesses are usually symptomatic at time of diagnosis, especially if on X-ray the abnormality is the size of a baseball. Mr. Fernandez did not have symptoms indicating infection. There was no history of fevers, or coughing up phlegm or blood and the high probability that he had cancer prompted his physician to order an immediate work up. Whether this large mass was caused by cancer or infection, its rapid disappearance is truly astonishing. For discussion purposes, I feel obliged to make some radical speculations in an attempt to understand what might be the technological challenges involved in such amazing cures. From these bizarre cases, it appears that non-human intelligence has a technology that carries out extensive tissue repairs very rapidly. One can posit that the same rules of time and space in our plane of existence might not apply to non-human intelligence. This is the opinion of the prominent scientist and contact researcher Dr. Jacques Vallee who has observed that the intelligence behind the phenomenon doesn't behave like visitors from other planets, but rather more like visitors from another dimension.<sup>8</sup>

Perhaps contact experiencers are engulfed in some kind field, or they are taken to a place, where time elapses far more rapidly than in our dimensional plane. Once the prolonged treatment is completed then the experiencer is returned to our dimensional plane where presumably time passes more slowly. This mechanism might explain how Alberto's lung mass apparently was cured instantaneously while in the X-ray suite. This speculative theme will be further discussed in the concluding remarks of this article.

Preston Dennett: Fernandez's case of an eye-healing provides an extraordinary example of medical healing from non-human intelligence. Both the injury of the eye, and its repair were verified by the witness and his wife, and by an amazed doctor. Fernandez with his career in military and law enforcement is an outstanding witness. The description given by Fernandez of his eye healing is reminiscent of other cases. The use of lasers-like lights seems to be pretty much standard in healing cases. Interestingly, today we can cure detached retina through the use of laser therapy. Fernandez's healing shows that the ETs and humans are using similar methods.

Fernandez, like many other UAP related contact experiencers, reports having multiple healing events. His second healing event occurred in a hospital-room. While this may sound unusual, my own research found that nine percent of known CE healing cases took place in hospital rooms. Again, the healing was verified not only by his wife, a Ph.D. Psychologist, but by X-rays, leaving an upset and confused doctor. In most cases, witnesses do not tell their doctors about their encounters. The extraordinary sine-wave pattern witnessed by Mrs. Fernandez is compelling. Could it be that some strange beam of energy was causing this pattern? In any event, it appears that Mrs. Fernandez actually witnessed the healing take place, or very nearly so.

The question remains, why was Fernandez healed? It appears that his cooperation with the ETs in their attempts to replenish the genetics of their race may be a factor. It's a simple conclusion that the ETs are particularly interested in healing people who are important to them. While not always the case, NHI medical healing events are far more common among those who exhibit a lifelong history of extensive contact. Here-in may lie the answer as to who is healed and why. It is interesting to note that Alberto and his wife Rebeca have visited with contactee, Sixto Paz Wells, on multiple occasions and have had many up close UAP contact sightings and contact with NHI during these trips to Peru and Chile. Fernandez describes entering a "Xendra," or energetic portal. There is another account of a CE healing which comes from a gentleman who received a healing to his swollen legs after visiting with Wells and going through a "Xendra" experience.<sup>9</sup>

**Case Study # 7:** Reverend Michael J. Carter. Nordic-type being cures blood clot in leg. (Interview by Preston Dennett)

Originally from Baltimore, Maryland, Rev. Michael J. Carter moved to New York City in 1980, where he worked as an actor. After receiving his Masters of Divinity at the New York Theological Seminary, Michael is currently an ordained Interfaith minister, and was recognized by President Clinton for his efforts in community outreach and anti-racism training.

It was on December 28, 1989, that Michael had his first extraterrestrial encounter. At that time, he lived with his girlfriend (and future wife) on the fifteenth floor of the Excelsior Hotel in the upper west side of Manhattan. He had become interested in writing and was putting together what would become his first book. Sometime in the middle of the night, he woke to sense a presence in the room. He turned over onto his back and saw something incredible. "There was a being at the edge of my bed who was chalk white, had a pear-shaped head, had a tight-fitting jumpsuit that looked like aluminum foil, had the wraparound eyes--a spindly looking gentleman, very thin. He looked at me--I think it was a he--and I looked at him, and I thought my heart was going to come out of my chest."

His girlfriend slept quietly next to him. He tried to wake her, but she wouldn't respond. Frightened, he pulled the covers over his head. The temperature in the room plummeted and he heard a strange *whooshing* noise. He peeked outside the covers and the being was gone.

At first, he thought it was a singular incident, however, over the next year, he continued to wake up in the middle of the night, paralyzed and sensing a presence in the room. Sometimes, the beings would communicate by putting images into Michael's mind. During one visitation, he saw an image of a syringe-type instrument. Moments later, he felt a painful pricking sensation at the base of his neck. Afterward, the paralysis faded, he woke up and the beings were gone.

On occasion he struggled against the paralysis and was able to break it. Following the syringe incident, he became troubled and went into his room and spoke out-loud and angrily to them, telling them that they had to respect boundaries. While the experiences continued for a while, they soon stopped.

The experiences made him deeply interested in UAPs and he began to read books, attend conference and meet with people in the field. He met with Dr. Jean Mundy who had done several hypnotic regressions with experiencers. Michael decided to try it himself. "The things I recalled were this," says Michael. "Just being on a ship, cold, like being in a doctor's office almost, when you go for an exam. There were no corners, it was a round room. I didn't see anyone, though there was the presence of other people there. There was light in the room, but I couldn't see where the light was coming from."

Thankfully, the experiences had stopped. At least for a while.

Years later, in 2013, now living in Asheville, North Carolina with his wife, Michael was going through a rough patch in his life. He was fifty-seven years old. His father had just died, and he began to make preparations to visit New York for the funeral. During this time, his marriage was breaking up, and it looked like he would have to move. In the middle of all this stress, his right leg began to swell up and become painful. Over a period of three days, it became progressively worse. On the third day, he went to his physician. His doctor was very alarmed and ordered him to go immediately to the hospital to get an MRI.

The diagnosis was a severe blood clot from the bottom of his right leg up to the groin area. He began a drug treatment with blood-thinning, anticoagulant medication, and returned home. During his treatment, Michael's right leg was still swollen to nearly twice its size, and he visited the doctor weekly to gauge his slow progress.

On July 4, 2013, he went to bed but was unable to sleep due to the noise of fireworks going off in the distance. "I was lying in bed, wide awake. I was lying on my stomach, and I turned around to lie on my back, and there was a being, a person. He was very big and muscular. I could see the contours of his muscles. He had on--I guess you could call it a hoodie...one of those cowls that monks wore back in the Renaissance times. He had long blond hair, shoulder length, and [he was] pale...And I was just stunned. And he put out his hand--I think it was his right. And this guy was big. He had to be well over six feet tall. And this blue light came out of his palm, energy, or whatever it was. And it hit me. And I saw it hit me, but I didn't feel anything. And then he just dissolved."

Michael was amazed. The man was nearly seven-feet tall. He wore a gray robe and he glowed with a powerful white aura. The blue light that came from his palm had struck his entire

body. And as quickly as it happened, the experience was over. Immediately after it occurred, he grabbed his bedside journal and wrote the experience down. In the morning, he was excited to tell his wife and daughter what happened. "I put my legs down on the floor to get out of bed," says Michael. "And I looked, and my legs were the same size...the right was the same size as the left. And not only was it the same size, but the veins in my leg looked like they had changed position, like they had been re-routed or something, that's the best way I can put it."

After the experience, Michael showed up for his next doctor appointment to check on the progress of his clot. He was both eager and nervous about showing them his leg. "The doctors could not believe how I recovered. Of course, I did not tell them about what happened. But they kept inquiring. 'How did this happen? You were just here!' I just said, 'Look, aren't you happy for me? Just be happy for me.'"

A few weeks following this experience, he saw the Nordic being again, only this time, there were two. "I was sitting here meditating," he said, "and in my third eye, I saw them. It was a man and a woman, like a picture taken from the torso up. They were looking at me. And I opened my eyes, like what? And I closed my eyes, and they were still there. They had long blond hair, like a European person...and they looked like they were well-built."

The experience was brief but profound. Says Michael, "I just took it as a sign that they're just letting me know they are around me."

Michael feels both physically and spiritually transformed by his experiences. He's not sure why he's been chosen. "I don't know," he says. "I do know that my intuitive ability has strengthened. I do know that I do energy healing work. I don't need as much sleep as I used to. My hair and skin and nails grow very fast. It's like something's been accelerated physiologically. I know people have traumatic experiences, but I think they've accelerated my spiritual growth."

Today, Reverend Michael J Carter is a speaker, healer, and human-rights activist, and the author of several well-received books about religion and extraterrestrials. He continues to be very active in the field, and has appeared on numerous radio and television programs.

### ***Commentary***

Joseph Burkes MD: I interviewed Reverend Carter on the internet radio show, *Epic Voyages*, on March 6, 2017.<sup>10</sup> This contact experiencer had a diagnosis of thrombophlebitis with deep venous thrombosis (DVT), a potentially life-threatening condition. DVT involves clots that form in veins thus preventing the involved vessels from allowing blood to return to the right side of the heart. DVT affects primarily the lower extremities as was this case with Reverend Carter. Such blockages cause fluid to leak into the surrounding tissues with resultant swelling. When there is inflammation present with pain and tenderness the additional diagnosis of thrombophlebitis is made. Michael described experiencing pain, exquisite tenderness and massive swelling. He stated, "I'm a very thin person, the blood clot made my leg like LeBron James' [leg]..." The clot stretched from near the ankle all the way up the leg to the groin. If part of this thrombosis broke loose it could travel up through his abdomen via the large vein called the inferior vena cava and then go all the way to heart. Once in the right ventricle of the heart the clot would then be



pumped into the lung resulting in what is called a pulmonary embolus. If the clot is large enough it can cause damage to the lung resulting in shortness of breath, loss of consciousness, cardiac arrhythmias and even sudden death.

Thrombophlebitis is treated with blood thinners. In Michael's case the injectable Enoxaparin was employed for several days till the oral medication, Coumadin, made his blood thin enough to stop the shots. Typically, Coumadin is continued for months thus preventing new clots from forming and to reduce the risk of pulmonary embolus. The medication doesn't dissolve the initial clot however. The body's repair mechanisms do that over a period of several months during which an oral blood thinner must be taken to prevent new clots from forming. The prolonged nature of this illness explains why under ordinary circumstances it takes three or four weeks for the leg swelling to go down. Michael was on the medication for only a week when the tall Nordic type of ET appeared in his bedroom. A brilliant apple green beam of light reportedly came out of the ET's right hand and struck Michael in the stomach. The next day his leg looked perfectly normal. Several days later he saw his physician who could not explain how the swelling had disappeared so rapidly. It is interesting to note that the beam of light struck the witness in the abdomen where the major blood vessel, the inferior vena cava is located. This large vein is directly connected to the veins in the leg where Michael's blood clot was located. In order to carry out such a dramatic sudden healing, Michael's clot would have had to be dissolved. At the same time the fluid causing swelling in the surrounding tissues would have had to be removed so that a few hours later when he awoke the leg appeared normal.

Preston Dennett: Michael Carter's case exhibits many details often seen in CE healing cases. We have a diagnosed illness (in this case a blood clot), that suddenly disappears following a bedroom encounter with non-human-intelligence. The healing is performed using a beam of light. And the healing is verified by a stunned physician. Carter's case is unusual in that the healing itself done without the use of any technological instrument. Instead it appeared to be enacted through mind power, with a beam of light coming from the entity itself rather than an object. This is rare among medical healing cases. In my own research, only five percent of cases involve the use of mind power, with the majority involving the use of medical technology in some form.

Carter's case is a good example showing just how advanced and powerful contact with non-human intelligence can be. His healing of a blood clot was medically impossible according to our own knowledge of medicine. However, the healing was enacted, it was the cure that far exceeds our own capabilities. Like all the people in this study, Carter has a history of encounters. Again, it appears that the ETs are closely monitoring those they are in contact with, and in certain cases, feel it necessary to medically intervene. And with Carter we again see the pattern of healings occurring to those who work hard in their daily lives for the service of humanity.

**Case Study # 8:** "Shannon Dunlap", a pseudonym: Chronic Fatigue Syndrome (Interview by Joseph Burkes MD)

The witness requests anonymity and that no personal identifying details be included in this case report. She is referred to as "Shannon Dunlap", a pseudonym. Dunlap had her first UAP sighting at age sixteen. It was witnessed by several members of her family. Several years later

Shannon subsequently had what she described as recurrent alien abductions with beings whose appearance matched the “Gray” alien stereotype. They were four to five feet in height and communicated telepathically. They reportedly carried out medical procedures on her. These encounters started in her late teens and then recurred every three or four months during her reproductive years. As Shannon Dunlap entered middle age the experiences decreased to once or twice yearly. At the time of this report, December 2017, Mrs. Dunlap stated that she has not had a visitation in four years. In addition, there were numerous UAP sightings. One was a triangular shaped object that was seen by her and other witnesses. Shannon stated, “Neighbors observed a craft landing on family property, and it left physical trace evidence on the ground. However, I did not personally see the craft. In a separate incident, my neighbors observed a craft hovering near my home. I have had several additional sightings, including two close encounters. One occurred when I was being walked to a craft that had either landed or was hovering above the shoreline.” On another occasion a conscious link was established prior to her sighting. Mrs. Dunlap described the incident as follows, “One night, shortly after my husband and I had retired to our bed, I received a telepathic message to look out of my bedroom window. I opened my eyes and saw the bright lights of an unconventional craft hovering approximately 1000-2000 feet from my window.”

I asked the witness several questions about her recurrent contact experiences.

Dr. Burkes: What kinds of communication occurred between you and the non-human beings that you repeatedly encountered?

Shannon: I have a long history of contact with one particular entity whose apparent role is to reassure me that I am safe and will not be harmed. He informed me that I am part of their family and loved by them. This information was communicated telepathically. His demeanor seems gentle and highly spiritual. He told me they are pleased that I can be trusted.”

Dr. Burkes: Did they tell you about what their intentions are?

Shannon: No harm is intended. They are simply monitoring our planet and are very concerned with regard to our use of nuclear weapons and our failure to respect our planet's environment. Medical tests have been run periodically to determine the level of environmental toxins in my body. They are concerned about our survival, as this toxicity could lead to the disintegration of our species, due to changes in the DNA structure that is being caused environmentally. They are attempting to propagate our species while they study us. They are also very concerned because there is so much misinformation being disseminated by those who wish to cast them in a negative light. They said that they are sorry for frightening us, but they do their best to work quietly and without interfering too much in our lives.

Dr. Burkes: What are some of the spiritual messages that you have received during your close encounters?

Shannon: Our planet is transitioning to a higher dimensional vibration and they have worked with me repeatedly to elevate my vibrational frequency. They are positive, spiritual beings, here to assist our planet in an evolutionary process that will elevate us to a higher realm.”

In her forties Shannon developed the sudden onset of profound fatigue, muscle aches, sore throat, swollen glands and fever. Her doctor initially diagnosed mononucleosis. Instead of improving over the following months her severe fatigue and other symptoms persisted. Any kind of physical exertion made her feel worse. Shannon also described experiencing sleep disturbance and loss of mental concentration. Her condition worsened to the point where she became disabled from a highly respected profession that she loved. Shannon was referred to an infectious disease specialist and a diagnosis of Chronic Fatigue Syndrome (CFS) was made. The witness reported that during exacerbations even simple household tasks such as preparing food could not be accomplished. The symptoms waxed and waned in severity but the disabling fatigue continued. At times Shannon had to use a cane.

In 2012 she heard about an individual that claimed to be channeling extraterrestrials. Being somewhat skeptical of his assertions she decided to put him to a test. She asked that he request a medical healing for her from the “ETs” that he allegedly was in communication with. Several nights later Shannon awoke and found herself in unfamiliar surroundings with intense pain in her muscles. It had an electric quality as if she was being electrocuted. Shannon could not move. Above her she saw either some kind of video screen or holographic like technology that showed the outline of a human form that she presumed was hers. On the display overhead, the left side of the abdomen where the spleen is located was colored mint green. The right groin where Shannon had enlarged lymph nodes was colored pink. The witness also reported observing several tall Gray ET beings that had a glow around each of them. She then reportedly lost consciousness.

When Shannon awoke she was back in her bedroom and it was morning. To her delight all symptoms of her disabling Chronic Fatigue Syndrome had completely disappeared. Her ability to exercise was now normal. She could walk several miles, a task that had been impossible for nearly two decades. She was able to work out at the gym for over an hour without any risk of triggering a relapse as had been her plight before the healing. Shannon had no recurrent fevers, swollen lymph nodes, sore throat, or sleep disturbance. Her mental concentration was also restored.

Dr. Burkes: Were any explanations provided as to why you were selected for the recurrent visitations?

Shannon: They told me that I was selected, because they are studying the DNA in my family line and watching for changes in the DNA structure.

Dr. Burkes: What explanations, if any, were offered as to why your request for a healing was granted?

Shannon: I was informed that they heal their own.

Dr. Burkes: How did the healing influence your thoughts and feelings about your long history of encounters?

Shannon: I feel very grateful to have been healed. It is a clear indication to me their agenda is benevolent.

### *Commentary*

Joseph Burkes MD: The medical history documented in this case report is classic for all the major clinical features of Chronic Fatigue Syndrome. CFS is a persistent disabling illness of unknown cause for which there is no cure and has no effective treatment. It goes by several names including, myalgic encephalomyelitis (ME) and Chronic Fatigue Immune Dysfunction Syndrome (CFIDS). The witness provided me with a page from her medical record dated November 13<sup>th</sup> 2002. It was initialed by her personal physician and the diagnosis of CFIDS was on this patient's problem list. A diagnosis of CFS is made on the basis of a chronic history of profound fatigue that is unrelieved by rest. There are no laboratory tests that can make certain a diagnosis of CFS, but testing is important to rule out other illness that result in persistent fatigue. Chronic Fatigue Syndrome is thus a diagnosis of exclusion. The witness provided the results from a battery of blood test results done in the early 1990s when she was first diagnosed. The tests were essentially normal as is typical for patients with this condition. The only exception was a test for the Epstein-Bar Virus that indicated she had a past history of infection by the microbe that causes the common illness mononucleosis. This blood test is often positive in CFS patients but it is also positive in many people that never develop chronic fatigue symptoms. The long-term prognosis is not good for this illness of unknown cause. In medical studies that follow patients over decades, symptoms persist in the majority. Even when patients state that they no longer have the condition their functional level is far below normal.<sup>11</sup>

In recent years major scientific advances have occurred indicating that patients with CFS are exhausted at a cellular level. Experiments have shown that the profound fatigue is related to the loss of the ability of human cells to burn sugars to produce energy in the normal ways. This explanation explodes the misconceptions promoted by both clinicians and researchers alike that Chronic Fatigue Syndrome might somehow have a psychosomatic origin. It is particularly shameful that many victims in the past have been labeled malingerers and the trivializing term "yuppie flu" was applied to them. For decades, some physicians have recommended that patients should exert more "will power" and gradually increase exercise, despite the reality that exercise typically makes the symptoms worse.<sup>12</sup>

In a speculative vein, one might suggest that if the intelligences associated with UAPs have found an effective treatment for CFS, as this case indicates, then the therapy might have to be directed at every cell in the body where the energy producing mechanisms involving the metabolism of sugar occur. In contrast, Reverend Carter's and Alina del Castillo's conditions involved one body part, the lower extremity, and they were reportedly cured by an intervention that took place in their homes. Shannon with a systemic illness, now understood to be associated with metabolic abnormalities in billions of cells all over the body, apparently required transport to another location (ET spacecraft?) where perhaps a "higher level of care" could be administered.

Preston Dennett: Dunlap's report of being healed of CFS answers many questions and raises others. In most respects, it's a typical case of a CE healing. A person with a lifelong history of

contact, suffering from an illness (chronic fatigue syndrome) is healed by grey-type ETs using what appears to be advanced technology. The description she provides of seeing her own organs displayed is one I have heard many times before. And yet, there are unusual elements. The pathway to Dunlap's healing was largely her own doing. She asked for the healing, and it was granted. The question is, why did the ETs wait so long? Dunlap had suffered for many years from CFS, and the ETs did not cure it.

Asking for and receiving a healing is somewhat rare. The fact that the healing was the result of a visit to a channeler is very unusual, but not unique. I have interviewed other individuals who visited a channeler and requested actual ET contact, and it was granted. The fact that the healing occurred in this way shows how complex and interdimensional ET contact is.

**Case Study # 9:** Jim Schaefer. Blue-white orb cures malignant tumor in lymph nodes. (Interview by Preston Dennett)

Jim Schaefer was born in 1964 in Winnipeg, Canada, near Falcon Lake, the location of the well-known encounter of Stephan Michalek. Throughout his life, Jim has been plagued by unusual incidents. In 1967, when he was three years-old, his parents watched a UAP close-up, while using binoculars. As a six-year-old, he had a series of nosebleeds that were so severe, he had to have cauterization treatment on his nose. During this time, he suffered from nightmares about strange monsters. Around that same age, an incident occurred where he was outside his home and observed a strange shadowy figure that seemed to change and shift in appearance.

As he grew, the unexplained experiences began to pile up. He began having strange, vivid flying dreams. One morning he woke up, blind in both eyes. "It was like I had sand in my eyes," said Jim. "I went to see the doctor, and he said it was as if I had seen something really bright, like an arc welder flash. I got burned in my eyes."

Also during his teen years, Jim began to see UAPs. When he woke up a second time with his eyes burned, he knew that something strange was happening to him. When he began to see more white, orb-like objects, he decided to carry a camera around with him wherever he went. Strange incidents occurred regularly, but it wasn't until 2012, at age 48, that events escalated to an alarming level. In July 2012, Jim was sitting in his home when he felt a painful pinch in his right leg. He reached down and saw that his leg was bleeding from what appeared to be a puncture wound. On January 29, 2013, he woke up to find a two-inch-long, Y-shaped incision on the top of his head. He immediately went to his doctor. "I saw him about three hours later, when he could fit me in...And he was just white like a sheet...He knows my history...and he's well aware of what's going on."

Jim had no conscious memory of being taken onboard. But he continued to wake up to find strange cuts and bruises on his body. On June 21, 2013, it happened again. "I found a six-inch cauterized scar on the inside of my upper right leg that leads straight to my groin, where they have removed a scoop of flesh underneath about the size of a marble."

Visitations occurred every couple of months. One time he woke in the middle of the night sitting in bed to find his shirt on inside out and backwards. His entire body shook uncontrollably for fifteen minutes. Later, he found his cell-phone--which had been on top of his covers, set on voice or touch activation--had an unexplained 62 seconds of recording. He listened to it in shock. "During that minute, you can hear them chattering to each other in this clicking noise....in the last two seconds, you see a blue light that rises up the ceiling and the video shuts off."

Shortly after this incident, he felt an unknown object in his wrist. By this time, he had contacted a well known UAP researcher who was handling and overseeing his case. Together, they organized the removal of the object and prepared to have it sent off for analysis. Unfortunately, it disappeared under mysterious circumstances while being sent for scientific analysis.

Throughout 2014 Jim would often wake up to find unexplained bruises on his body. Sometimes the bruising appeared to show finger marks. On one occasion Jim woke up to severe foot pain and discovered that his ankle had been fractured. During 2014 he repeatedly found strange photographs on his camera that he did not remember taking. Some of these photos appeared to show strange entities.

In January 2015, Jim began to suffer from a sore throat. "I thought it was a cold," he says. "My glands started swelling up a bit, and my white blood-cell count was just skyrocketing." When his condition failed to improve, his doctor performed more tests. Says Jim, "I found out that I had a tumor in my lymph nodes in my neck. They sent me to CancerCare in Manitoba. They did a biopsy on it."

The news was bad. The tumor was malignant, and pressure from the growth was crushing Jim's lymph nodes, causing necrosis, pain, and a growing number of symptoms. On February 15, after receiving the news from the specialists, Jim's surgery was scheduled for March 13, 2015.

Says Jim, "During the last two weeks of February, the tumor had started growing at an alarming rate. It started wrapping around the base of my neck and up and around my left ear, projecting out the side of my neck."

On the evening of February 28, 2015, Jim lay down to go to bed. As he often did, he picked up his camera to see if he might be able to capture any images of orbs. "I just pushed record on my camera," says Jim, "and as soon as I did, I saw this bright orb drop down...as it hit the floor, it turned blue and started coming up towards me. It turned down on itself and then it dove down into my stomach. And I was really shocked. I couldn't believe that I saw that happen. And it didn't start until I hit record, which was really strange, like I didn't have to edit it or anything. It was as if they wanted me to witness it, or record it."

Shocked and amazed, Jim assumed the experience was over. Because he often used to work the nightshift at the Safeway Store, he was something of a night owl. He stayed up for some time after the incident, and then went to bed. About eighteen hours after he filmed the blue orb entering his stomach, Jim woke up, entered the bathroom and received a fantastic shock. "I immediately notice something is different," he says. "I look in the mirror, and my tumor--that

was wrapped around the base of my neck, and protruding from my neck, and bone-hard--was completely gone. There was nothing there. The whole thing was dissolved and gone. It was absolutely shocking.”

Jim was scheduled for surgery in less than two weeks. He had no idea what the doctors would say, and not knowing them well, he was afraid to tell them. However, he did show up for the scheduled surgery. His doctors were shocked. Says Jim, “My doctors at CancerCare Manitoba said it was extraordinary...they couldn’t believe this had happened.”

Confused and curious, they went ahead with the surgery to remove the necrotic tissues. They later told Jim that no sign of any cancer was found.

Jim, was of course, very happy. “It worked out really good,” he said. He is confident that the ETs somehow healed him with the orb. “They definitely did,” he says. “There’s no doubt about it for me.”

Meanwhile, his experiences continued, including sightings of orbs with strange alien faces in them and more. Unfortunately, he was recently diagnosed with prostate cancer. He is hoping that the ETs will again intervene.

Jim isn’t sure why he has contact with ETs or why they healed him. But he does have some theories. His mom had strange anxieties which made him wonder if she had encounters too, and that such things ran in his family. His blood type is RH negative, which he heard might be a factor. And he does have a few medical abnormalities which he wonders if the aliens might find of interest. Instead of two kidneys, he has what’s known as a *horseshoe kidney*, which is found in about one in 600 people, usually men. While undergoing MRI tests for a thyroid issue, his endocrinologist was baffled by the shape and size of his pituitary gland. “It’s flattened and pushed to very bottom of this U-shaped thing in my brain, and he said he’d never seen that before.”

Jim is very eager to find out what’s happening to him. He once tried regressive hypnosis to recover memories from various missing time incidents, but was unsuccessful. However, the documentation of his encounter is impressive. Jim provided video of the blue orb, and medical documentation of his condition. He feels not only physically improved by his encounters, but spiritually transformed. As he says, “[I am] more caring and very empathetic towards animals and the Earth in general...about the state of this world, the corruption in government and every other area, as well as the pollution, raping and pillaging of the planet’s resources for personal gain. I do not fear death in any way.”

### ***Commentary***

Joseph Burkes MD: I received a two-page report dated 2-23-15 from CancerCare Manitoba written by a surgical resident “Dr. T” and cosigned by attending physician “Dr. A” in the Department of Surgical Oncology. The record indicated that there was a month-long history of a left sided neck mass that was increasing in size. The CT scan of the neck showed “a few small nodes.” There is no indication when the CT scan was done. A short time later despite this

unimpressive X-ray report, on physical examination Mr. Schaefer had a 3-4 cm (2 inch) mass in his left neck that was only “slightly tender.” This supports the patient’s history that the mass was rapidly growing. From just “a few small nodes” it had enlarged to a golf ball size mass. In Dr. T’s note there is no mention of how hard the mass was, but the patient described it to Preston Dennett as being “bone-hard.” *(It is significant to note that swollen lymph nodes that are caused by infections are usually softer and more tender than those caused by malignancy. This goes along with the strong clinical suspicion that Mr. Schaefer had cancer rather than merely some inflamed lymph nodes from an infection.)*

After reviewing the CT scan with another physician, it was the surgical resident’s impression that the X-rays showed the presence of a cancer that had originated in another part of the body and had metastasized to lymph nodes in the patient’s neck. According to her note the plan for Jim Schaefer was to do a fine needle aspiration of the tumor. She also scheduled endoscopy of both the upper and lower gastrointestinal tracts to look for a primary carcinoma that might have spread to the neck. According to the witness five days later a blue orb entered his abdomen and eighteen hours after that the left neck mass disappeared. When surgery was done the following month only necrotic (dead) tissue was found with no cancer cells present. Although there was no tissue diagnosis of cancer it is highly probable in my judgement that an underlying gastrointestinal malignancy had been present. Curiously the orb entered the abdomen, the presumed site of a primary malignancy according to the medical plan outlined in the surgeon’s note.

Preston Dennett: Schaefer’s case is perhaps the only UAP healing to be captured on film. The evidence in his case is persuasive. He is able to provide medical documentation of his condition, not to mention photographs, audio-recordings and an actual moving film showing the orb which healed him entering his body. Schaefer provided photographs of cuts and marks on his body that resulted following missing time incidents. Like the other people in this study, he reports a lifelong history of strange encounters.

What’s unusual about Schaefer’s case (in addition to the quality of evidence) is that he has very little conscious contact, with a large number of missing time incidents and very few memories of what is being done to him. Schaefer’s experiences with ETs have been sometimes unpleasant, resulting serious injuries following missing-time episodes. The healing he received was the unique outlier. Most of his reported physiological effects have not been beneficial. The cuts, bruises and other injuries are apparently the results of procedures and operations aboard UAPs whose purposes we can only guess at. Schaefer, unfortunately, has yet to receive communication from them regarding their interest in him. If these symptoms he suffers are for some benefit, I’m sure he’d like to know.

**Case Study # 10:** A fifteen year-old Jack Russel Terrier is healed of congestive heart failure, arthritis and an acute massive stroke resulting in paralysis.

FREE co-founder Reinerio (Rey) Hernandez has described the high strangeness events that lead to the creation of FREE.<sup>13</sup> This astounding process started with the miraculous medical healing of his family’s fifteen year-old pet dog named Nena, which means little girl in Spanish.



The Hernandez family had her since puppyhood. For several years prior to their close encounter on March 04, 2012, Nena had become increasingly debilitated. The once vigorous Jack Russel developed arthritis and her gait was impaired. Rey Hernandez stated that, "she walked like an old lady with arthritis--very gingerly and very slowly." In addition, Nena had kidney problems and an enlarged heart. The dog was being treated with the vasodilator Viagra and a diuretic to remove excessive fluid from her small body. On March 3, 2012, she developed the sudden onset of profound weakness of all extremities. There was no history of seizures or acute trauma. According to Mr. Hernandez, Nena could only lift her head and bark. He described what happened next. "...we called our good friend Dr. Phil Cruz who is our vet and he said that she probably had a cerebral hemorrhage and that given her past medical history and this current paralysis that it was best to put her sleep the next day. My wife was hysterical and he agreed to open his office the next day to put her to sleep." Rey's wife, Mrs. Dulce Hernandez, is from a strong Catholic background and spent many hours that night praying for her pet. The next morning at 6:00 a.m., the Hernandez couple was awakened by Nena's barking. Their little dog was still paralyzed from the neck down. Dulce carried Nena downstairs to see if her pet could relieve herself outside. Rey Hernandez went back to sleep.

Downstairs Rey's wife reportedly encountered a glowing silver object several feet across shaped like an inverted U that was floating in the living room. Rey Hernandez stated, "When my wife saw this object she immediately got down on her knees and started praying... She was holding our dog at the time and asked this "Angel" that if indeed it was an Angel,...one favor--that her dog, Nena, not suffer in her sickness." Several minutes later Dulce called for Rey to come downstairs. He ignored her pleas until she finally came upstairs and pulled him out of bed. He asked her what was going on but she only said, "You will see, you will see..."

"I walked right behind my wife going down the stairs. She stopped next to Nena who was on the floor, still totally paralyzed lying on her back. Then, my wife and the dog disappeared right in front of my eyes! Almost immediately, I entered into a sort of hypnotic trance. It was as if you are in a state when you are waking up from a dream, half conscious and half in a dream world." Rey reported that while in this altered state of consciousness he didn't think about what had just happened to Dulce. He was completely dazed and as he looked into the living room he witnessed something totally strange and quite different from what Dulce described seeing. Instead of an inverted U-shaped object, Rey saw a glowing multi-colored translucent rectangular shaped object nearly a yard across. He termed this object a "Plasma Energy Being". It hovered four feet above the living room floor. In addition, he now was experiencing a kind of tunnel vision by which he could only see a few feet around the object located in the corner of the room. The rest of the living room was blocked from his view. Rey couldn't understand what was going on and did not even think of his wife and dog that had just disappeared right in front of him. Like an automaton he went back upstairs and into bed where he quickly fell asleep. Rey stated that this Plasma Energy Being completely controlled his consciousness.

"I immediately went to sleep ...yet I do not recall having any conscious thoughts during those 45 minutes... After I 'woke up' from this semi-conscious hypnotic trance ... I ran downstairs." As he entered the living room Rey Hernandez reported seeing his wife and Nena rematerialize in the exact spot where they had disappeared 45 minutes before. Dulce started

dancing around the room and playing with a fully healed Nena that was jumping and racing back and forth like a puppy. Dulce repeatedly shouted in joy, “The angel cured her!”

Rey stated, “My reaction was like an ATOM BOMB had exploded in my head and my reality was totally blown away. I just could not cope with what had just happened. About a week later we brought Nena to our vet, Phil Cruz, and he asked us what had happened to her. We were too embarrassed to tell him what really happened and instead told him that we changed her diet. He could not believe us because it was not rational what happened. We asked him if we should continue to give her the Viagra and the diuretic medicines and he said no because she is now very healthy. We stopped giving her all of her medications, we did not have to take her out at all hours to go to the bathroom, and she lived for about another year, having eleven months of living live like a ‘TEENAGER’... Eleven months later, for the last two weeks of her life she descended rapidly to the point where we had to put her to sleep with Phil. It was at this time that we told him what really happened. Phil looked at both my wife and I with a real weird look and totally ignored our statement of why Nena was really cured. We saw how crazy he thought we both were and changed the subject. He then continued his conversation as if nothing had happened. That is exactly how almost all of our friends have reacted when we have told them of our ‘experiences.’ ”

I asked Rey Hernandez what did his wife remember after she and Nena were seen to disappear? His reply was that she had a “classic missing time” episode with no recollection what-so-ever of her being removed from the living room. Dulce reported never seeing the cylinder floating in the living room that Rey saw. Importantly she experienced no passage of time between when Rey first came downstairs with her and when Nena was jumping and running around the living room 45 minutes later according to Rey’s estimate.

### *Commentary*

Joseph Burkes MD: This case, as do several previous ones, involves what appears to be a dramatic sudden healing of multiple organs by a technology so advanced that it appears to be magic. Dogs and humans as mammals have similar chronic diseases. Medical science has no cures for the types of conditions that afflicted Nena. These included, chronic degenerative arthritis, an enlarged heart, stroke with paralysis and chronic kidney disease. Currently established medical treatments administered over weeks to months can make these diseases better, but certainly not in the 45-minute interval that Nena and Dulce were presumably missing from the Hernandez home.

Any attempt to make sense out of this narrative requires considerable medical speculation. A massive stroke in the form of a cerebral hemorrhage resulting in paralysis of all four extremities involves extensive damage to large numbers of neurons. Nerve cells have limited capacities for regeneration compared to other types of tissues. For an alien science to repair such damage might require far more time than three quarters of an hour. The same line of speculation applies to the heart and the joints. For Nena to have the exercise capacity to run and jump “like a puppy,” the cartilage in multiple joints would have had to be repaired or replaced. An enlarged heart in dogs unlike in humans is not the result of atherosclerosis. Carnivores, whether they be dogs or tigers don’t develop elevated lipids that can lead to hardening of the

arteries. An enlarged heart in a dog is caused usually by either a diseased mitral valve or what is called a dilated cardiomyopathy.<sup>14</sup>

In either clinical setting, cardiomyopathy or valvular disease, there are changes within the heart muscle cells that cause them to enlarge. As is the case with the brain, to cure such heart conditions requires a kind of cellular repair technology that would have to be applied to billions of individual cells. I believe it is significant to note that Nena was reportedly removed from her home and taken to some other environment where such extensive treatments presumably occurred. In the conclusion of this chapter I address the significance of this and other presumed transfers of the witnesses in terms of what I suspect are some of the possible mechanisms for UAP healings.

Preston Dennett: The healing of “Nena”--a very poignant event--is the fourth case I’ve heard of involving an animal being healed as the result of contact with non-human intelligence. The others involving a rooster who was cured by beams of light following a cockfight, and two cases involving dogs who were more energetic following an encounter.<sup>15</sup> Otherwise, healing of animals is largely unique. It’s fascinating to see that healings extend to animals. Interestingly, healings may extend even to our plant-life. Researcher Diane Tessman reports on a case in which a forest worker experienced face-to-face contact with an apparent ET who gave him advice on the health of the forest.<sup>16</sup> The point is, cases like Nena’s show just how far reaching contact with NHI can be.

The fact that this encounter was viewed by two fully conscious witnesses is also unusual. I’m struck by the possibility that the intelligence behind the phenomenon intended for the Hernandez’s to observe the event, and was aware of how they would react. Could they know that Rey Hernandez would soon be set on pathway towards the founding of FREE? Could this be something the ET’s intentionally cultivated? Could the reason for Nena’s healing be because of her good fortune of being owned by a man who would soon become highly influential in the UAP field? It’s pure speculation, of course, but I do wonder.

## **Conclusions and Analysis**

### **Joseph Burkes MD:**

I strongly suspect that if any of my closest medical colleagues, professionals with whom I worked for decades, started to read these high strangeness case reports, they would quickly experience what has been called “astonishment fatigue.” This is the expression used by the British man of letters, Colin Wilson, to describe his reaction to the high strangeness events associated with Andrija Pucharich MD’s work with contact experiencer, Uri Geller.<sup>17</sup> In an attempt to analyze and make medical sense out of these astonishing cases, I find myself pondering why some witnesses were treated in their homes, while for others the therapeutic interventions took place elsewhere.

The answer may lie in the level of complexity of the medical problems, with simpler conditions being treated via what we might call “medical home visits” and the more complex

cases requiring transfer to another location. For some of the diagnoses, like Reverend Carter's thrombophlebitis, Alina's foot cellulitis, Ek Mau's hip dislocation and Alberto's torn cornea, all involved treatment to a single body part. These were reportedly done in the witnesses' homes and presumably did not require them to be taken to "specialized treatment facilities" where even more advanced technology might be utilized. What kinds of locations might these be? In Dr. X's and Shannon's healings, their descriptions match the popular stereotypes of ET spacecraft with alien beings aboard. Doctor X's history is consistent with a diagnosis of hemorrhagic shock. The treatment of such cases typically requires the acquisition and processing of compatible red blood cells, as well as plasma to replace the fluid loss from massive bleeding. It is conceivable that the complexity of this treatment would require transport out of the home to a facility with a "higher level of care."

In Shannon's account of her being cured of Chronic Fatigue Syndrome, she, like Dr. X recalls being taken aboard an ET craft and seeing the typical Gray alien phenotype (*category based on physical appearance*). The metabolic abnormality of impaired energy production associated with CFS affects billions of cells in multiple organs. Here again treatment might be too specialized to be done in a home setting. Another striking example of treatment for complex medical problems being associated with transport away from home is the case involving Rey and Dulce's pet, Nena. She too had multiple organ systems that were diseased. Her heart was enlarged. She had chronic arthritis with a gait disorder. To top it off, the little dog, just the day before being cured, suffered a massive stroke with paralysis. Rey Hernandez observed his wife Dulce and pet Nena dematerialize while a bizarre cylindrical object hovered in their living room. Less than one hour later Dulce and the dog rematerialized in the exact same location with Rey's wife having no recollection of the passage of time.<sup>18</sup> Where did they go? How were such extensive cellular repairs in multiple body parts accomplished in just 45 minutes? Perhaps the answer lies in the possibility that the so-called aliens can manipulate time so that in their realm (aboard spacecraft or possibly in another dimension) time can move faster or slower compared to our plane of existence. In the close encounters literature there are case reports that support this hypothesis.

Over 40 years ago in Dr. Jacques Vallee's classic, *The Invisible College*, he described a case in which time apparently moved slower for a university student experimenter than for those that were desperately looking for him after his mysterious disappearance. It happened in 1961 when the student was on a field trip. The young man became separated from his classmates and reportedly entered a disk-shaped craft. In a dream like state he was taken to a desolate place where a teaching machine fed information into his brain for what he estimated was just three hours. After being returned to his pickup spot, he learned that eighteen days had elapsed. Upon discovery, the young man's appearance was unchanged. His clothing was described as "impeccable." He did not need a shave and a flower placed in his buttonhole before his encounter was still fresh. For this experimenter time appeared to pass more slowly, just a few hours.<sup>19</sup>

In the following example time seemed to speed up while allegedly in the company of ETs. The Peruvian contactee, Sixto Paz Wells, in February of 1974 reportedly was separated from his companions while doing contact work in the desert outside of Lima. He recalled going through a dimensional portal called a "Xendra" and being teleported to an ET base, allegedly

located on the moon of Jupiter called Ganymede. Sixto described his spending several days there in the company of spiritually evolved ETs before being returned to the desert via the portal. On meeting his friends that had been searching for him, he was told that less than an hour had elapsed since he had been separated from his contact team.<sup>20</sup> In a similar fashion during Close Encounter healings, perhaps time moves far more quickly, thus allowing prolonged therapy for complex medical conditions. Once an experiencer is taken aboard ET craft or into another dimension, extensive treatments might conceivably be carried out over days, perhaps even weeks, while in our dimension only minutes to hours may have elapsed.

The organization FREE is dedicated to studying not only extraterrestrial contacts but also encounters with other forms of non-human intelligences. These have been designated “The Contact Modalities” and include to name a few, out-of-body experiences (OBEs), NDEs, channeling and remote viewing. The life review during near-death experiences has been described in many ways. For some it can be a series of brief flashbacks covering the highlights of a lifetime with the experience seeming to last a short period of time. For others, a far more detailed review occurs described as “Reliving every detail of every second of your life, every emotion, and every thought simultaneously.” Thus, this type of life review can be described as seeming to last years, even decades.<sup>21</sup>

In another Contact Modality, out of body experiences (OBEs), there is evidence for time distortion as well. FREE co-founder Rey Hernandez has described on the group’s website his OBE that led to the creation of the organization.<sup>22</sup> It happened on May 16, 2013 when he was stuck in traffic jam near the Miami airport. Listening to the radio he heard an interview coming to an end. Suddenly he no longer found himself in his vehicle. Instead he was situated in the center of an enormous Ferris Wheel type structure. Each spoke of the wheel connected him to one of the “Contact Modalities” which included, ET contact, near-death experiences, out-of-body experiences, contact via meditation, channeling, ghost contact, et cetera. In addition, at the level of knowledge, and not as a “voice in the head”, he received information outlining what the basic principles of the future FREE organization should be. Rey was reportedly told, “You need to inform humanity [about] the relationship between us (the ETs), the Spirit World (the reality we transition to after our death) & consciousness (advanced physics). You will need help. There are two criteria. This is not about making money and there has to be minimal ego.” The message also explained that consciousness represented some kind of “advanced physics” that our current science doesn’t understand yet and that consciousness was connecting all the contact modalities. Rey Hernandez estimated that his OBE lasted at least 15 to 20 minutes. However, when it concluded and he found himself back in his vehicle, the radio interview was at the exact same point as when the OBE had started.<sup>23</sup> In conclusion UAP/ET encounters, like some of the other Contact Modalities, involve what appears to be distortions of space-time in which time can elapse much faster than in our plane of existence. This would allow for prolonged treatment durations required to achieve these dramatic cures in some of the more complex medical cases discussed above.

### **Preston Dennett:**

FREE SURVEY PHASE 2 Question 137: Do you believe that any of these ETs have performed a medical healing on either you or another member of your family.

Answer: Out of 1534 respondents, 767 (50%) said yes.

FREE SURVEY PHASE 2 Question 242: Have you ever had a sudden or rapid healing that you believe was a result of ET intervention?

Answer: Out of 1379 respondents, 487 (35%) said yes.

The FREE survey shows conclusively that medical healings in conjunction with a UAP experience are not only a consistent feature, but are common. While the authors of this article weren't able to interview all the people who responded with a yes answer, and not every case could be investigated, a few brief quotes from some of the respondents to the FREE survey will show how common this experience is, and what types of illnesses are being healed. Each of these respondents has answered yes to the healing question, and is able to describe a specific incident.

**Infertility:** "I was told twenty years ago that I could not have children...At my annual exam after my abduction experience, my doctor said she couldn't explain why, but I can now get pregnant..."

**Growth in Breast:** "Had suspicious growth in breast. During meditation, two 'helpers' showed up in my mind. They were there to help get rid of the growth...the next day I went for the mammogram and the nurse came to tell me the doctor wanted a second image...she said, 'He can't believe it. It's gone.'"

**Psoriatic Arthritis:** "I was cured of psoriatic arthritis...I had a positive test, and after a while, I felt that I was cured. The next test showed that I never had it."

**Respiratory Infection:** "I had a severe respiratory problem in the winter of 1998. I had a very powerful dream of being taken to a craft by a humanoid and there being healed by a gray. I woke up coughing...I was well within two to three days. I was extremely sick and should not have recovered that quickly."

**Back Pain:** "[I] had three spontaneous chiropractic adjustments from an unseen entity, that did reduce pain I'd been suffering from."

**Back Injury:** "I had an abduction and the entity fixed my back...I would give it a ninety percent improvement...There is no doubt in my mind that they helped me, and I will be forever grateful to them for their help."

**Flesh Wound:** "...after the encounter at the airport in Boston, my thumb--which the skin had been torn and badly affected by working with caustic chemicals five years before, had healed."

**Appendicitis:** "One of my sisters was ill...she would get sick and in pain. Later we found out that her appendix was removed, but she never had a surgery to remove her appendix."

**Gallbladder:** "Total healing of my gallbladder."

**Broken Toe:** “Toe was broken. I asked for help. They came to me while LD [lucid dreaming] and next day toe fixed.”

**High Blood Pressure:** “My husband had extremely high blood pressure. They took him to the ship...Ever since then his blood pressure is that of a young man. He is now 73.”

**Asthma:** “I am asthmatic...I had been having a really hard time...When I woke up remembering they came that night, I was breathing perfectly...it was improved for quite a while after that.”

**Sinusitis.** “They told me they would heal my sinus issues, and they did.”

**Suicidal Depression:** “I believe the contact experience was healing me. I had been seeing a psychologist about suicidal thoughts...But after contact, I didn’t have suicidal thoughts anymore.”

**Smoking:** “I have been healed twice. Once when I was a smoker, they removed a bunch of black tar-like substance and showed it to me...the second time was an ‘intervention.’ I was drawn to smoking marijuana...the greys came and gave me a scolding like nothing I ever had. They kept telling me, ‘This is not the life we wanted for you.’ They surely saved my life.”

**Headache:** “One day I had a bad headache...I couldn’t sleep and started sobbing. Then I turned to the right and I saw a grey. He was standing by my bed. He took my headache away immediately.”

As can be seen, many, many people are reporting healing experiences. The above cases represent only a small sampling of the actual number of reported healing cases from the files of FREE. There are hundreds more! After reviewing and analyzing the FREE data on medical healings, it becomes clear that some of the respondents who answered positively to the survey are reporting events that fall into the subcategory of medical healings: cases not performed by ETI itself, but performed by the witness using methods taught by the ETs, as occurred in the case of James Forsythe. And as we have seen in the case of Reverend Carter and Ek Mau, experiencers feel that they have been taught to heal others. This broadens the definition of a CE healing and shows how complex the contact experience can be.

What else do the nine above cases tell us about the nature of this phenomena? A number of the witnesses have experienced considerable fear during their encounters. Some have reported negative physiological effects. However, they have experienced positive effects too, both physiologically, and spiritually. Overall the witnesses’ attitudes regarding their contact experiences are positive. In fact, in several of the above cases the witnesses refer to their ET contacts as friends, brothers and sisters, or family.

## **Conclusion**

It appears that the healings documented in this chapter must be accomplished through a technology or mind power well beyond our own abilities to even understand. The variety of illnesses healed is mind-boggling, not to mention the variety of methods, and the variety of beings conducting the healings. While some cases are better verified than others, the sheer number of them and the commonalities between them remove any possibility of hoax or delusion. The evidence is showing us that these healing events do actually occur. As we have seen, many of those who are being healed are people who are doing good work for humanity, whether as a mother and homemaker, an artist, a human-rights activist...etc. Could it be that the aliens are contacting people who are having a positive effect on humanity? And if so, what does this say about their agenda?

The data from the FREE survey has brought long-needed attention to this aspect of the Contact Experience. No longer can UAP related Contact Experiences involving miraculous medical healing accounts be ignored, nor their importance denied. These cases have much to teach us about the capabilities of the ETs. They also contain the potential to provide information about how to improve and expand our own healing methods. In fact, what may be the most significant type of physical UAP related Contact Experience outcome was the finding that 50% of 1,465 UAP related Contact Experiencers responded "YES" to the question: "***Do you believe that any of these NHI's have performed a medical-healing on either you or another member of your family?***" This medical outcome was consistent with the findings by Dennett (1996) who reported more than 100 accounts of healings of injuries, illnesses and diseases performed by NHI associated with or without a UAP craft.

Ultimately, when it comes to these types of medical healing cases, we are still in the learning stages. However, with the FREE survey and the information it has provided, and having conducted an in-depth investigation into ten new cases from the FREE files, we now know enough to say that the UAP related Contact Experience is, in many cases, benevolent and transformative in a positive way, and most importantly here, often involves a medical healing.

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